

# CAIRNS

## UNEARTHED

---

***Your ultimate guide***  
to Cairns, Palm Cove and  
Trinity Beach

---

Why Cairns is the  
***real urban jungle***

---

***Off the beaten track:***  
discovering Cairns'  
stunning southern corridor

---

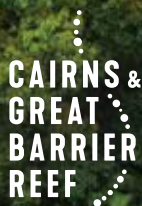
**CAIRNSGREATBARRIERREEF.COM**

@tropicalnorthqueensland #exploreTNQ #explorecairnsGBR

CAIRNS &  
GREAT  
BARRIER  
REEF



## Unlock the secrets of the world's oldest tropical rainforest



📍 Ranger Guided Tour



📍 Rainforest Discovery Zone



📍 The Edge Lookout



# Escape to Crystalbrook...

Cairns has never looked better!

## Crystalbrook Flynn Escape Package

Room upgrade + breakfast + reef experience +  
15% off Crystalbrook restaurants and bars + late checkout + more  
Three nights from \$822, five nights from \$1,290



### Crystalbrook Bailey Escape Package

Three nights from \$681, five nights from \$1,075



### Crystalbrook Riley Escape Package

Three nights from \$990, five nights from \$1,570

*There's never been a better time to escape...*

Book online:

[Crystalbrookcollection.com/offers/crystalbrook-escapes](https://crystalbrookcollection.com/offers/crystalbrook-escapes)

Terms & conditions apply, see website for details

## Crystalbrook Collection

Hotels and Resorts



# GURRINYALA GREETINGS & WELCOME TO GIMUY-BARRA (CAIRNS)

Traditional Owners within the Cairns region include the Gimuy Walubara Yidinydji; Mandingalbay Yidinydji; Gungganydji; Dulabed and Malanbara Yidinydji; Djabuganydji; Yirrganydji; Bulwanydji, Wanyurr Majay; Mamu and Ngadjonjii Peoples.



📍 MINJIL – BULURU BANA (SACRED WATER) TOUR





“Gimuy-Barra and the surrounding Yidinydji lands and waters, have sustained our Bamanda (people) for aeons. Bulmba Yabanday (home and country) will continue to sustain us far into the future. We have always stayed connected to the practical and spiritual benefits that the land and waters provide. Let us connect you to our land and waters through our stories and our songlines.”

**Carl Fourmile, Minjil**

Aboriginal and Torres Strait Island People have lived on this land for more than 60,000 years, and in Cairns you will find an array of opportunities to connect with both Indigenous cultures. Here are some of the ways you can experience Indigenous cultures in Cairns:



Explore the Great Barrier Reef (Uirie) with Indigenous rangers on **Dreamtime Dive & Snorkel**



Sample bush tucker and bush medicines with **Mandingalbay Ancient Indigenous Tours**



Sail away on an Indigenous-infused dining experience with **Minjil – Buluru Bana (Sacred Water) Tour** aboard **Spirit of Cairns** (charter only)



Check out Indigenous art at **Cairns Art Gallery** and the recently refurbished historic **Court House** gallery

We acknowledge the custodianship of the land and sea country by Aboriginal and Torres Strait Islander Traditional Owners in Tropical North Queensland, whose rich cultures, heritage values, enduring connections and shared efforts protect our natural assets for future generations. We pay our respects to elders past, present and emerging.

Discover more ways to connect to Country at  
[tropicalnorthqueensland.org.au/indigenous-culture](https://tropicalnorthqueensland.org.au/indigenous-culture)

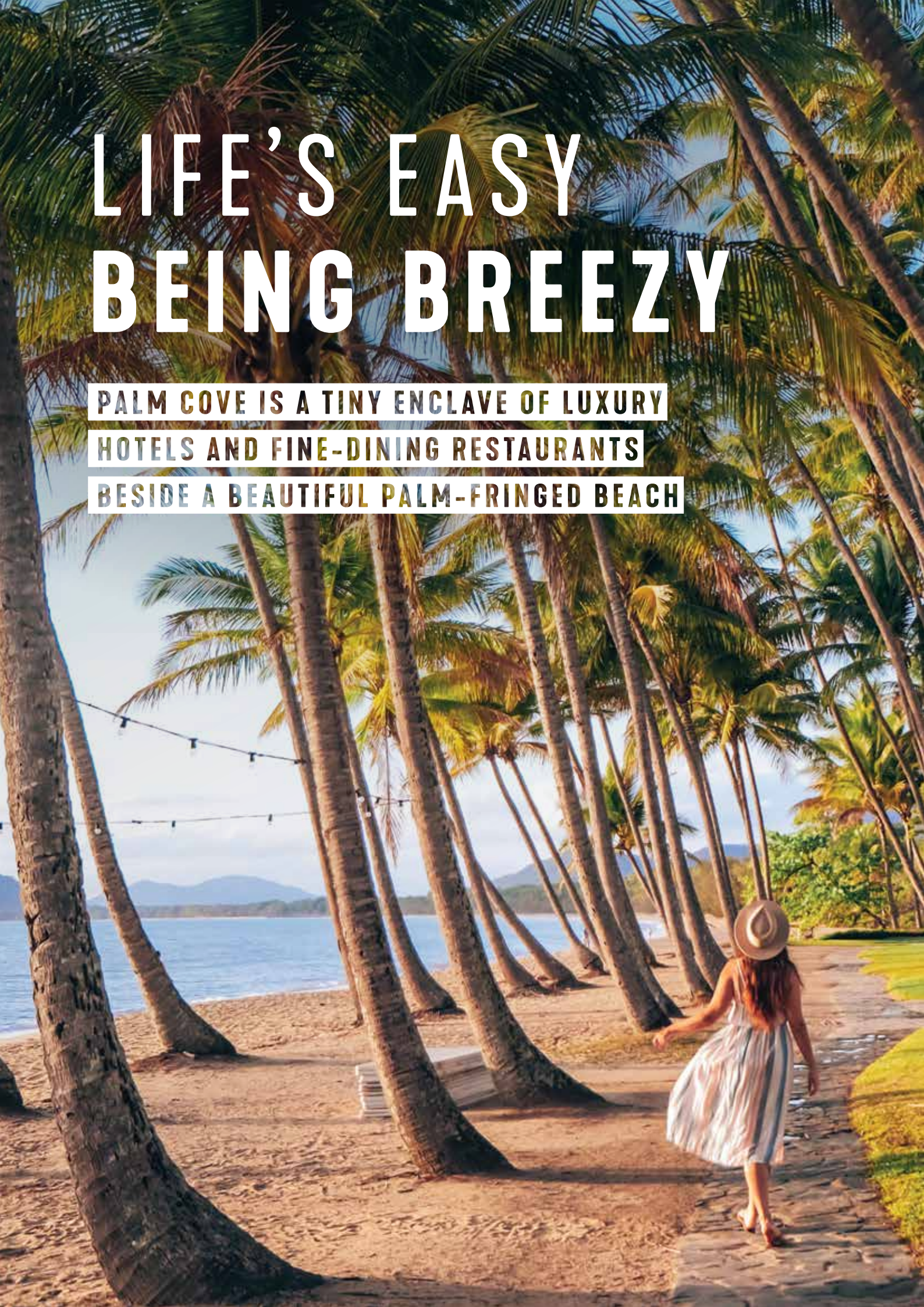


# LIFE'S EASY BEING BREEZY


**PALM COVE IS A TINY ENCLAVE OF LUXURY**

**HOTELS AND FINE-DINING RESTAURANTS**

**BESIDE A BEAUTIFUL PALM-FRINGED BEACH**







Located about 30 minutes north of Cairns, Palm Cove village is centred around an esplanade lined with coconut palms, sheoaks and 500-year-old melaleuca trees. Hire a kayak or a bike, try fishing off the jetty or enjoy a sunset barbecue on the beach.

## EAT

Dining in Palm Cove ranges from fish and chips on the beach to high-end, award-winning restaurants specialising in seasonal produce. Iconic **Nu Nu Restaurant** serves innovative modern Australian tasting menus with matching wines, **Beach Almond** does beautifully presented Asian seafood, and **Vivo** has great cocktails and tapas. If you're looking for something more chilled, head to the aptly named **Chill at Portofino** or enjoy an authentic Italian wood-fired pizza with ocean views at **Il Forno**. Little diners will love the range at **The Surf Club Palm Cove** or may prefer a hearty takeaway on the beach from **Pete's Place**.

## STAY

Palm Cove may be small (with a population of approximately 2,000), but it's home to beautiful boutique hotels and resorts. Stay a stone's throw away from the beach at the iconic **Alamanda Palm Cove by Lancemore**, situated next to *that* iconic palm tree grove and indulge in their award-winning spa. Live an equally luxe life at the **Pullman Palm Cove Sea Temple Resort & Spa**, with the choice to upgrade for your own private plunge pool, or **The Reef House**, with its elegant South Pacific decor and tropical Queenslander vibes.

If you're on a budget, it doesn't mean you have to miss out on paradise, opt for the **Hotel Grand Chancellor Palm Cove**, which comes equipped with a crocodile slide for the kids, or **NRMA Palm Cove Holiday Park**, located on the beachfront by the jetty.

## PLAY

If you can tear yourself away from your poolside sun lounger, there's plenty of fun to be had in Palm Cove. Start the day with the ultimate nautical adventure and kayak to nearby Double Island with **Palm Cove Water Sports**. Paddle over coral reefs and spot an abundance of rays and turtles and even discover a cave at low tide. If you fancy some water-themed fun at a later hour, the **Beach Fun Co** offers jetski, paddleboard and catamaran hire, or you can throw a line off **Palm Cove Jetty**.

Find jewellery, art and souvenirs at many boutiques dotted along **Williams Esplanade** and pick up something for your holiday wardrobe at **Beach Catwalk** and **Annie's at the Beach Boutique**. On the first Sunday of each month, Williams Esplanade becomes a bustling street bazaar of stalls selling handmade products, gifts and food during the **Palm Cove Markets**.

## RELAX

Relaxing and Palm Cove come hand-in-hand, so head to the beach for some vitamin sea. Make sure you only swim in the patrolled area and stay in the swimming nets during the warmer months (November to May).

To relax to the max, treat yourself at one of many luxurious spas. **The Reef House Day Spa** is the only day spa in Queensland to offer Phytomer treatments, **Vie Spa** at Pullman Palm Cove has couples massages in a private suite, and **Lancemore Spa** at Alamanda finishes with a refreshing dip in a private pool overlooking the Coral Sea.



# EAT BEACH REPEAT

**FUEL YOUR SUN-DRENCHED BEACH DAYS BY EATING  
YOUR WAY THROUGH THESE PALM COVE RESTAURANTS**

## 1 NU NU RESTAURANT

The world-famous Nu Nu Restaurant offers masterfully prepared modern Australian plates featuring seasonal flavours of the Tropical North. Sitting absolute beachfront looking through Palm Cove's most iconic strip of coconut trees, dining here is a quintessential Tropical North Queensland experience

---

***Treat yourself to***  
Sugarcane Smoked Duck

---

## 2 TEMPLE OF TASTES

Temple of Tastes' menu offers precisely what their name suggests – a certain reverence for its exquisite flavours. Set in lush tropical gardens surrounded by flaming bamboo torches, this restaurant emanates romance and ambience ensuring your evening date will leave impressed. When the whole menu looks this good, the seven-course degustation menu offers the opportunity to sample the highlights.

---

***Treat yourself to***  
Cape Grim Eye Fillet

---

## 3

### CHILL AT PORTOFINO

Italian food is one of those trusty favourites that everyone enjoys and Portofino is no exception. Here you'll find a range of mouthwatering pasta alongside a huge wood-fired pizza menu and a selection of Mediterranean-inspired mains.

---

***Treat yourself to***  
Fettuccine Porcini & Truffle

---

## 4

### REEF HOUSE RESTAURANT

At Reef House Restaurant, you'll dine beneath the iconic eucalypts which tower above their open-air veranda. Serving delicious food since the sixties, this long-standing restaurant's menu is carefully curated to ensure the highest quality.

---

***Treat yourself to***  
Queensland Saltwater Barramundi

---

## 5

### BEACH ALMOND

Head to Beach Almond for modern Asian seafood by the sea under the shadow of a paperbark tree. Sink your teeth into a range of Southeast Asian delicacies that implement a range of local seafood, including barramundi, lobster and mud crabs.

---

***Treat yourself to***  
Chilli Live Mud Crabs

---



**2022/23**

Tours Now Available

*Gravel & Mountain*

# *Ride the Tropics*

Cairns - Atherton - Port Douglas

# BIKE TOURS



PALM COVE

Mountain & Gravel Bike  
Tour Specialists

p: 07 4059 0513 w: [biked.com.au](http://biked.com.au)

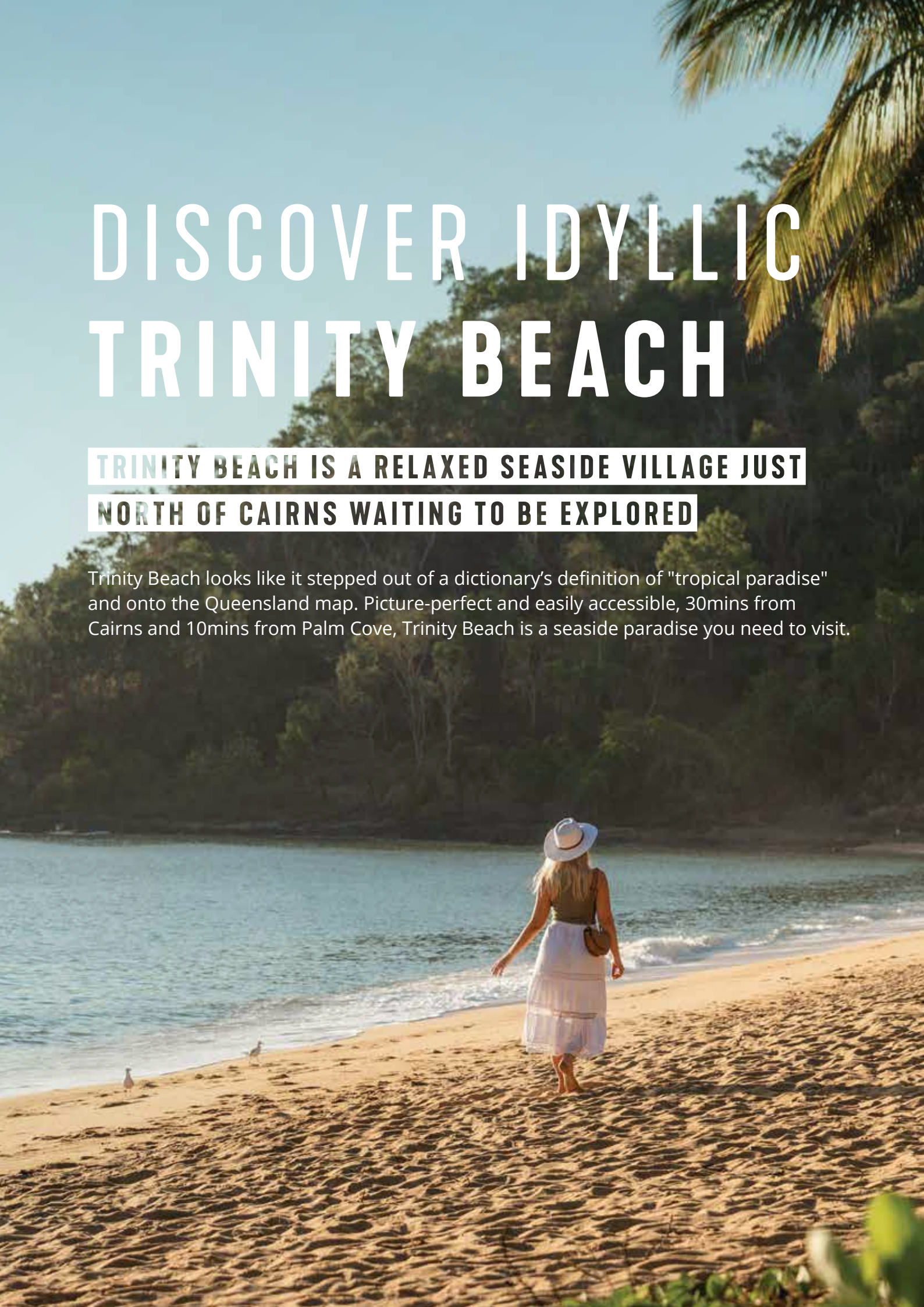




# DISCOVER IDYLIC TRINITY BEACH

**TRINITY BEACH IS A RELAXED SEASIDE VILLAGE JUST  
NORTH OF CAIRNS WAITING TO BE EXPLORED**

Trinity Beach looks like it stepped out of a dictionary's definition of "tropical paradise" and onto the Queensland map. Picture-perfect and easily accessible, 30mins from Cairns and 10mins from Palm Cove, Trinity Beach is a seaside paradise you need to visit.





A tropical beach scene with palm trees and a sandy shore. The image is a vertical photograph showing a sandy beach in the foreground, with a few people walking in the distance. The background is filled with lush greenery and palm trees, with a clear blue sky visible through the foliage. The lighting suggests a warm, sunny day.

## EAT

With salty ocean air and the warm sun on your skin, Trinity Beach is a feast for all the senses, so it should come as no surprise that it delivers on the food scene too. Take a culinary trip to Italy at **L'Unico Trattoria**, which offers hand-stretched pizzas, pasta and seafood, or head to Thailand for breakfast, lunch or dinner at **Tuk Tuk By The Sea**, who juxtapose fiery Thai cuisine with cooling Coral Sea views. Ocean views are also on the menu at **Trinity Beach Tavern**, where you can pull up a stool on the balcony for a cold drink and a classic pub meal.

## STAY

From family friendly seafront stays to luxurious hilltop apartments, Trinity Beach has something suitable for every stay. There's no false advertising at **On The Beach Holiday Apartments**, its seafront location and beach toys, boogie boards and pool noodles will make it a hit with the little 'uns. If you want the sea to look as beautiful from your room as it does from the sand itself, head up to **Vue Trinity Beach** for dreamy ocean vistas that blend seamlessly into the alluring infinity pool. If you don't fancy bringing sand home into your holiday apartment as a souvenir, **Blue Lagoon Resort** is located a convenient two minutes walk from the beach and has two swimming pools for you to while away your day.

## PLAY

### WALK TO TAYLORS POINT

For a scenic stroll, start wandering towards Taylors Point. The 2.3km loop hugs the coastline until you get to the rocks at the point and offers sweeping views over the beach and Double Island, as well as a good chance of spotting local wildlife.

### FIRE UP A FREE BARBECUE

Make a day out of the beach by retreating to the shady esplanade for lunch. Trinity Beach Foreshore includes barbecues, picnic shelters, tables and toilets.

### HIKE EARL HILL

You'll need to jump in the car for this one, but the short journey to Earl Hill is met with the 3.4km hiking loop. Set your phone to panorama to take in views out to the Coral Sea, the reward at the end of the incline. Remember to fill your water bottle up prior to setting off as the base is your last chance to hydrate.

### TAKE A DIP

With warm weather year-round, swimming is always on the agenda at Trinity Beach. The beach is patrolled all year with stinger nets for the warmer months. Of course, most hotels also have pools.

### FAMILY-FRIENDLY PLAYTIME

**Bluewater Playground** at Trinity Beach is any landlubbing child's dream with its multimillion dollar play equipment set on 9,000m<sup>2</sup> of tropical parkland grounds. There's also a smaller playground along the beach.



# BEACH DREAMING

A chain of sandy shores lay just north of Cairns, each boasting their own unique character. Find out which of Cairns' Northern Beaches tickle your fancy.

## MACHANS BEACH

With uninterrupted views of the Coral Sea from the walkway, Machans Beach is the perfect place for a waterfront wander. Many locals are partial to fishing along the beach or in the nearby creeks and rivers. Stop by **O'Sheas** with sea views for a drink or bite to eat or head to the brightly coloured **Mayhem at Machan's** for breaky or brunch.

## HOLLOWAYS BEACH

Holloways Beach is the closest patrolled beach to Cairns City and is home to a handful of holiday resorts, shops and amenities. For casual dining on the beachfront, choose **Strait on the Beach**, or opt for classic and creative brunch options at **Two Blocks Cafe**. Visit on the second Sunday of every month for the **Holloways Beach Markets**.

## CLIFTON BEACH

This hideaway is an unspoilt local's beach with only a small number of holiday apartments up for grabs. Take to two wheels on a leisurely 3km bike ride along the foreshore between Clifton Beach and Palm Cove. It's the ideal spot for sunrise invoking those true tropical vibes you were searching for. Much-loved restaurant, **Coco Mojo**, has an extensive menu with plenty of vegetarian and vegan options.

## KEWARRA BEACH

If wood-fired pizzas and live music below a string of fairy lights on the beach sounds like your thing, then look no further than **The Beach Shack**, which operates seasonally. Fall asleep to the sound of lapping waves at **Kewarra Beach Resort & Spa** just a few steps from the beach.

## YORKEYS KNOB

This quiet beachside community has accommodation options along, or close to, the esplanade. Have breaky at dog-friendly **Hidden at Yorkeys**, try kite surfing, tee off at the 18-hole **Half Moon Bay Golf Club** and round off the day at local favourite, **Yorkeys Knob Boating Club** with marina views and dollar oysters on weekends.

## ELLIS BEACH

Located 5mins north of Palm Cove, Ellis Beach is a hit with the locals. Walk along the palm-fringed shores with the **Macalister Range** rising directly behind the beach, before heading for lunch and cocktails at **Ellis Beach Bar & Grill**, with \$1 oysters on Sundays. Extend your stay and enjoy even more vitamin sea by staying at **Ellis Beach Oceanfront Bungalows**.







**WATERFRONT DINING @ HARBOUR LIGHTS**

## **TASTE OF AUSTRALIA - ON THE WATERFRONT**

**SUSTAINABLE REGIONAL CUISINE**

**FRESH SEAFOOD, AUSTRALIAN GAME,  
BEEF, LOCAL & NATIVE PRODUCE**

**BOUTIQUE WINES, BEERS &  
QUALITY COCKTAILS**

**(GLUTEN FREE OPTIONS &  
CHILDRENS MENU)**



**6/1 MARLIN PARADE, CAIRNS TEL: (07) 4051 0100 INFO@OCHRERESTAURANT.COM.AU**

**WWW.OCHRERESTAURANT.COM.AU**

**LUNCH: 11.30 AM - 3PM TAPAS 3PM-5.30PM DINNER 5.30PM - LATE**



**SHANGRI-LA**  
THE MARINA  
CAIRNS

## **TREAT YOURSELF TO A SHANGRI-LA STAY**

**IT'S NEVER TOO LATE TO PLAN A GLORIOUS GETAWAY**

Three-night stay from \$840  
including \$100 dining credit, bottle of wine on arrival  
& daily breakfast for two in The Backyard

**reservations.slmc@shangri-la.com | 07 4052 7500**

Terms & conditions apply





# THE REAL URBAN JUNGLE



# CAIRNS HAS BEEN QUENCHING THIRSTS SINCE ITS FIRST BAR OPENED IN 1877 AND HAS ONLY BEEN PERFECTING ITS FORMS OF HYDRATION EVER SINCE

Discovering the reef and rainforest can be thirsty work. Add the fact the city has a climate that rarely (if ever) dips into single figures and there's a good chance you'll be parched come sundown. Here are some bars and breweries to check out on your next Cairns trip.

## BEERS THAT BETTER THE WORLD

They say that nothing goes down better than a cold beer on a hot day and what better to sip on in the tropics than a tropical ale? The 7th Heaven Tropical Ale from **Hemingway's Brewery's** isn't any brew, this liquid gold contributes half of its profits to the **Great Barrier Reef Legacy** for the future sustainability of the city's most well-known attraction. Perched overlooking the Trinity Inlet and East Trinity, you're hitting the ultimate feel-good trifecta – awesome views, great vibes and good virtue.

## SET THE BAR HIGH AT THESE ROOFTOP BARS

We take your concrete jungle rooftop bars and raise you Cairns' urban jungle. Up here, watch the sunset over the mountains and lap up views of the Coral Sea with a cocktail in hand at sophisticated **Rocco**; peak through the palm trees of the lively Cairns Esplanade at one of Cairns' newest establishments, **Whisky & Wine**; or soak in the tropical vibes with a drink in hand overlooking the famous Cairns Esplanade Lagoon at **Oak & Vine**.

## SLINK INTO SECRET BARS

Here's proof laneway bars aren't just a thing of the big smoke, but if smoky's your vibe, follow the woody scent to **Three Wolves** hidden down Wolf Lane in the CBD. 'Smoke on the Water' is this whisky bar's twist on an Old Fashioned; infusing bourbon, bitters and cinnamon syrup with smoked Western Red Cedar wood. Gin lovers need only to prowl a few steps to Three Wolves' sister venue, **Wolf Lane Distillery** whose locally-made gins are on the world stage, including native flavours such as Davidson Plum.

## SOAK UP SEASIDE CHARM

The seaside doesn't get any closer than **Prawn Star**, Cairns' iconic floating seafood restaurant. Of course, while you're here for the fresh no-nonsense seafood, drinks come cheap with \$7 happy hour all day, every day. Afterwards, set your sights on **Salt House**, another noted venue of this coastal city, famous for its laidback vibes, tropical cocktails and great views.

If you're sipping on a Sunday, hop to nearby **Ollie's Italian Steakhouse** who serve \$10 tapas and cocktails from 2.30-5.30pm.

## HOT SUMMER TIPS

**1** Sip poolside at Cairns CBD's only swim-up bar, **MOKU Beach Club**. Even those not staying at **Novotel Cairns Oasis Resort** are welcome to perch poolside with a drink or two

**2** Find a list of ever-changing and refreshing fruity flavours of beers and spritzers as well as all your favourite classics at **Sauce Brewing Co**

**3** Boogie to live music, catch live sports on TV and enjoy quality pub-style food at **The Pier Bar** or **Rattle n Hum Cairns**

**4** Dance the night away at pumping party venues **Gilligan's**, **PJ O'Brien's Irish Pub**, **Cotton Club** and **The Woolshed**

**5** Why settle for one brewery when you can visit five with **Cairns Brewery Tours?**





# EAT LIKE A LOCAL

Local foodie legend and social media queen, Foodvixen, shares some of her favourite spots to eat around Cairns. Follow [@food\\_vixen](#) on Instagram for more local foodie tips.

## TWO BLOCKS CAFE

It's rare to find a place that absolutely nails coffee, food and service but Two Blocks Cafe does it every time. Their seasonal breakfast and lunch menu puts a twist on the old favourites and brings some exciting new ones to the table. Think XO Sauce with Duck Folded Eggs or pillowy Ricotta Donuts with Miso Butterscotch.

## LE CROUTON

If you rocked into Le Crouton any time after 10am on a weekend you might struggle to find much left on the menu due to its overwhelming popularity. Fresh bread, sweet and savoury pastries and ready-made baguettes are the name of the game at this unassuming French bakery in the quaint suburb of Freshwater. We often grab a couple of Smoked Salmon Baguettes on our way for a dip in the refreshing freshwater pools of Crystal Cascades.

## NU NU RESTAURANT

A high-end restaurant with a superb locally-focused menu and a postcard view to boot awaits you at this Palm Cove restaurant. After you've tagged a pic of yourself under the iconic palm trees, settle in with a Nu Nu G&T using local Mt Uncle Distillery Botanic Australis Gin perfectly paired with the Wok Fried North Queensland Mudcrab & Chilli Jam.

## MISS CHIEF

Date night favourite with the hubby is CBD-based bar and eatery, Miss Chief. Perched on the balcony overlooking the hustle and bustle of the street below Miss Chief's signature 'Highgarden' cocktails with Hendricks Gin and elderflower syrup can go down a little too well. Their menu is designed for sharing.

## GUYALA CAFE

At Guyala the food is almost too pretty to eat – but only almost! Their Paperbark Smoked Roo-ben Sandwich based on the New York classic Reuben is a crowd favourite or you might get lucky and get to sample their 'Cray Cray' special with sous vide Painted Cray Tail and Lemon Myrtle Hollandaise.



## THE FOX SMALL BAR

Life in Tropical North Queensland goes hand in hand with a good drink and nowhere better to do just that is at The Fox Small Bar in leafy Stratford. Grab a seat at the bar inside or kick back at one of the tables kerbside and peruse the top notch drinks list adorned with locally distilled spirits from

their own Wolf Lane Distillery. A short but sharp antipasto menu perfectly complements their extensive cocktail list.

## HARUKA JAPANESE CUISINE

This authentic Japanese café in suburban Edge Hill has one of the best value lunches in Cairns. Their \$15 bento box menu changes weekly and the seafood is fresh as fresh can be. Book ahead because the locals know how great this little gem is.

## PHETYAI THAI

A Foodvixen family favourite for a cheap but satisfying Friday night dinner. Previously a tiny hole in the wall eatery, Phetyai Thai has recently moved to a larger more accommodating space due to their popularity. The service is quick and the food is plentiful. Their Crispy Pork With Rice is epic value and bloody delicious.

## AH-ROOM

Tucked down an unsuspecting laneway in the heart of the city is the cutest Korean dessert cafe you ever did see. Their pastries and cakes at this little hole in the wall cafe are forever changing but think Tiramisu Dacquoise, Matcha Terrine and Basque Cheesecake.





Image supplied by Tourism Tropical North Queensland

## Experience Summer Days with Accor in Cairns

There's nothing quite like a summer holiday in Cairns! With amazing diving in the Great Barrier Reef and Rainforest adventures, there are so many things to do, you will want to stay longer. Find your perfect holiday accommodation – whether you are after a family friendly resort, a spacious self-contained apartment or rejuvenated five star luxury, we have all these and more for you.

### Book now for sensational summer offers



**NOVOTEL**  
HOTELS & RESORTS  
CAIRNS OASIS RESORT

w: [novotelcairnsresort.com.au](http://novotelcairnsresort.com.au)  
P: +617 4080 1888



w: [thesebelcairnsharbourlights.com.au](http://thesebelcairnsharbourlights.com.au)  
P: +617 4057 0800

**PULLMAN**  
HOTELS AND RESORTS  
CAIRNS INTERNATIONAL

w: [pullmancairnsinternational.com.au](http://pullmancairnsinternational.com.au)  
P: +617 4031 1300



📍 SHANGRI-LA THE MARINA, CAIRNS

# SLEEP TIGHT IN PARADISE

FROM SLICK CITY STAYS TO FAMILY-FRIENDLY LODGES,  
THERE'S A HOME-AWAY-FROM-HOME FOR EVERY ONE

## FOR THE FAMILY

For the ultimate family getaway head to **BIG4 Ingenia Holidays Cairns Coconut Resort**. This kids paradise features a splash park, jumping pillows, water slides, mini golf, movie nights and more. There's also plenty of fun to be had in Cairns City and **Rydges Esplanade Resort** is just a stone's throw from **Muddy's Playground**. **Novotel Cairns Oasis Resort** is another fantastic option, featuring a huge lagoon pool and dedicated family suites.

## SOMETHING ROMANTIC

With hotels equipped with day spas and bedside bath tubs, it's pretty easy to turn up the heat in the tropics. Wake up in the clouds at **Crystalbrook Riley** and gaze at unsurpassed views of the Coral Sea with your other half before enjoying a couples massage at on-site **Eléme Spa**.

Relax without leaving your room at **Pullman Reef Hotel Casino**, which features a huge Presidential Suite with a double spa bath and incredible views.

## ON A BUDGET

A trip to the tropics need not break the bank and Cairns has options for every budget. **Sunshine Tower Hotel** is situated on the fringe of the Cairns CBD and offers boutique rooms for affordable prices. If you don't mind sharing, or would like to meet fellow travellers, **Global Backpackers** is located directly opposite the Cairns Esplanade Lagoon and offers dorms from \$24 a night, while party-goers can simply wander upstairs from the dance floor at **Gilligan's Hotel and Resort**, with dorms from only \$17.

## GETAWAY WITH THE GIRLS

Funky **Crystalbrook Flynn** is the perfect place for a getaway with the girls. Finish a day of poolside cocktails with sunset drinks at on-site **Whiskey and Wine**. For a night on the town, **Shangri-La The Marina, Cairns** features large rooms, superb views and its own waterside restaurant and bar, **The Backyard**.

## A ROOM WITH A VIEW

Start and end your day on a literal high with these hotel views



**Pullman Cairns International**



**Cairns Harbour Lights**



**The Hilton Cairns**



**Oaks Cairns**



# Vue Apartments Summer Sale - Stay 3 nights and save 30%

**Book direct and use the  
promo code SUMMER to save!**

Vue Apartments is only 15 minutes north of the Cairns International Airport. With every apartment offering breathtaking views of the Coral Sea. This stunning beachfront resort offers a choice of luxury 1, 2, 3 and 4 bedroom and penthouse apartments in a complex which wraps around a magnificent horizon pool framed with barbeque pavilions. All apartments are surrounded by open walkways creating a breezeway throughout and offering views from every direction. There is direct beachfront access via security keypad control from the gated beach access path from the pool terrace to Trinity Beach. Located directly underneath the complex is the Trinity Beach Hotel, which offers superb dining facilities.

- Free Secure undercover parking
- Complimentary gym membership
- Free Wi-Fi
- Direct beach access
- Fully self contained, with kitchen and laundry facilities



Reservations: Vue Apartments, 78 Moore Street, Trinity Beach | Phone 07 4058 4400  
[www.vuetrinitybeach.com.au](http://www.vuetrinitybeach.com.au)



A photograph of two women shopping at a fruit market. The woman on the left is wearing a straw hat and a light blue tank top, smiling as she looks at a basket of fruit. The woman on the right is wearing a white sleeveless top and is also looking at the fruit. They are surrounded by various fruits like apples, oranges, and grapes. The background shows more market stalls and people.

# SHOPPING & MARKETS

**LOOKING FOR SOME SERIOUS RETAIL THERAPY?**

**CAIRNS HAS SOMETHING FOR EVERY TYPE OF SHOPPER**

## OCEANA WALK

Although time travel is still a far-off myth, those looking to pick up a piece of the past can find it at **Oceana Walk**, a laneway arcade between Grafton and Lake Streets. Jam-packed with quirky gift shops, record stores and clothing boutiques, this laneway may just be Cairns' best (or worst) kept shopping secret. Anyone who knows their Bowie from their Beatles will have a field day at vinyl store **LP Records**, gift-hunters will go crazy for **Eggplant & Poppy**, whilst fashion-lovers will enjoy the ultimate treasure hunt at **Vintage Seeker** and **The Other Store**.

## LOCAL FINDS

Whether you are looking for a gift for a loved one, or a unique souvenir to remember your trip to Cairns, it really pays to shop local. Cairns is home to numerous small locally-owned stores and boutiques around the city. Head to Shields Street for eclectic gift shop **Makin' Whoopee** and lifestyle store **Willa and Me**. Go Green on Sheridan and Spence Streets with a visit to eco-savvy stores the **Green House Environment Shop** and **Earth Toys**.

## RUSTY'S MARKETS

Feeling hungry? Satisfy your shopping cravings and food cravings in one at **Rusty's Markets**. Wind your way through stalls of farm-fresh produce to find mangoes as large as your head, quirky fruits and locally produced cheeses. Pick up a legendary Vietnamese iced coffee at **Annee's Caphê Sua Da** and satisfy your sweet tooth at **Frenchie's Patisserie** or **The Grateful Coconut**. Fancy something savoury? Rusty's food court is home to culinary delights from every corner of the globe. Beyond the rainbow of fruit you can also find jewellery, clothing and gifts.

## LOCAL MARKETS

The streets of Cairns suburbs come alive on market day and there are several suburbs that play host to these shopping hubs. Head to the beautiful **Cairns Botanic Gardens** on the last Sunday of every month for the **Tanks Art Centre Markets**. Veer north to the seaside suburb of **Holloways Beach** on the second Sunday of every month for markets so close to the beach, it's guaranteed you'll get sand in your shoes. Or, head to the resort village of **Palm Cove** on the first Sunday of every month for markets.



# The Reef House

## Boutique Hotel & Spa Palm Cove

### Adults & Couples Boutique Tropical Escapes

"The Reef House provides adults and couples Boutique Tropical Escapes and bespoke service by the Coral Sea. Enjoy inclusive packages and activities curated for rest, relaxation and rejuvenation in our small hotel dedicated to house guests."

– Malcolm Bean, Director



#### YOUR 5 NIGHT TROPICAL ESCAPE INCLUDES:

- 5 nights in our Colonial Beach House accommodation
- Bottle of premium sparkling wine in-room
- Daily a la carte breakfast overlooking the Coral Sea
- Candlelit three-course a la carte dinner, one night
- Gin infused welcome drink & cold towel upon arrival
- Brigadier's punch & canapés served in the Lounge at 5pm
- All luxury signature inclusions; cocktail classes, beachfront yoga, aqua aerobics, wine tastings and more.
- Complimentary WIFI & parking

#### BOOK ONLINE OR CONTACT OUR ESCAPE PLANNING CONSULTANTS

[www.reefhouse.com.au](http://www.reefhouse.com.au)

Ph: 07 4080 2600 | E: [reservations@reefhouse.com.au](mailto:reservations@reefhouse.com.au)

BONUS VALUE  
UP TO \$1,358  
PER COUPLE

5 NIGHTS, 6 DAYS

FROM

**\$1398**

per person, twin share in  
a Brigadier King Studio.

*Peace of mind guarantee:  
If things change, so can your travel plans.*

#### DISCOVER MORE

scan the QR code





📍 BABINDA BOULDERS

# SOUTHERN CAIRNS

**IF YOU'RE INTO ADVENTURE AND NATURE, POINT  
YOUR COMPASS SOUTH AND EXPLORE CAIRNS'  
UNDER THE RADAR SOUTHERN CORRIDOR –  
A REGION OF BREATHTAKING NATURAL BEAUTY  
WITH A WHOLE LOT OF COUNTRY CHARM**

CAIRNS

GORDONVALE

WALSHS PYRAMID

BEHANA GORGE

GOLDSBOROUGH VALLEY

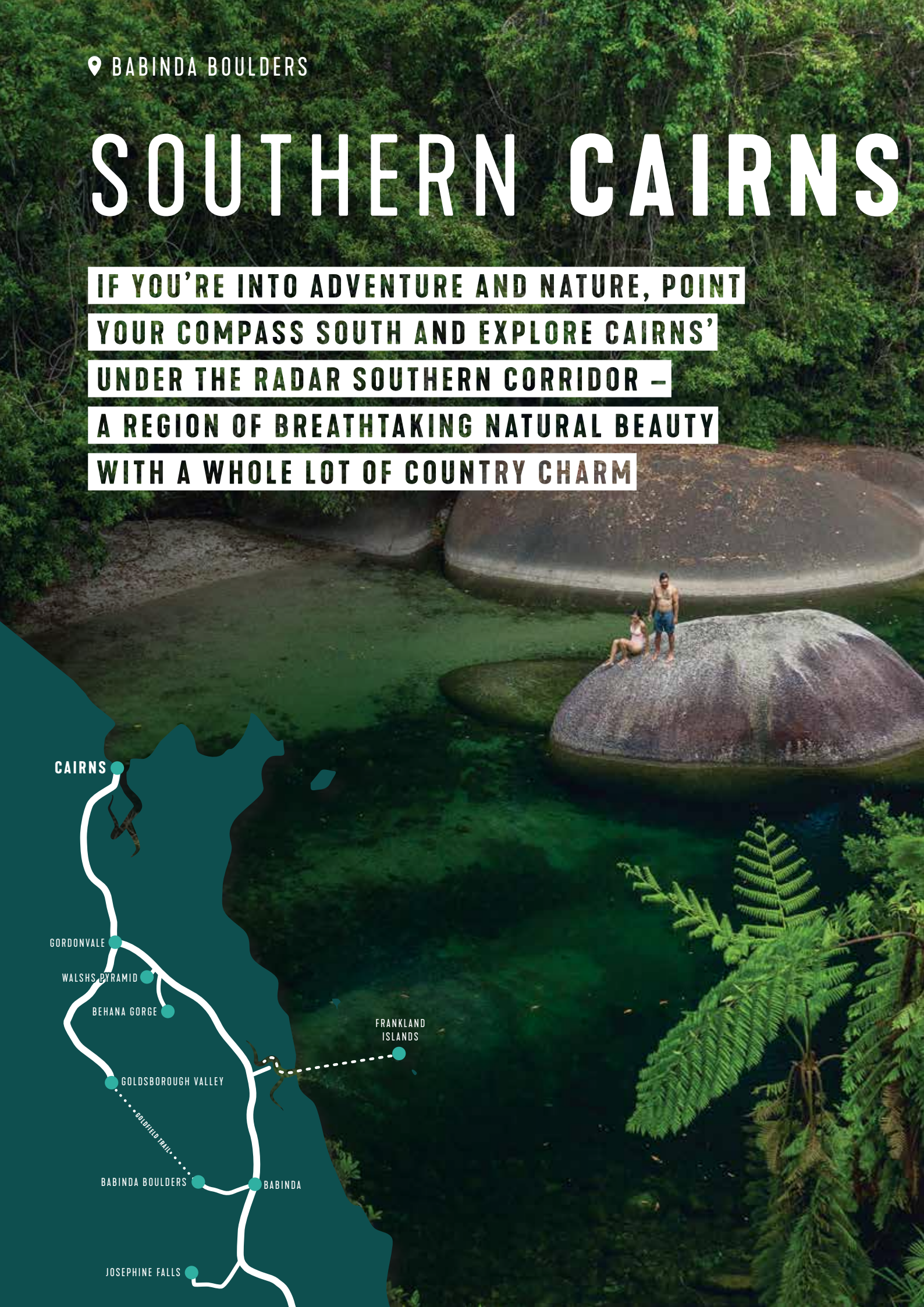
BABINDA BOULDERS

JOSEPHINE FALLS

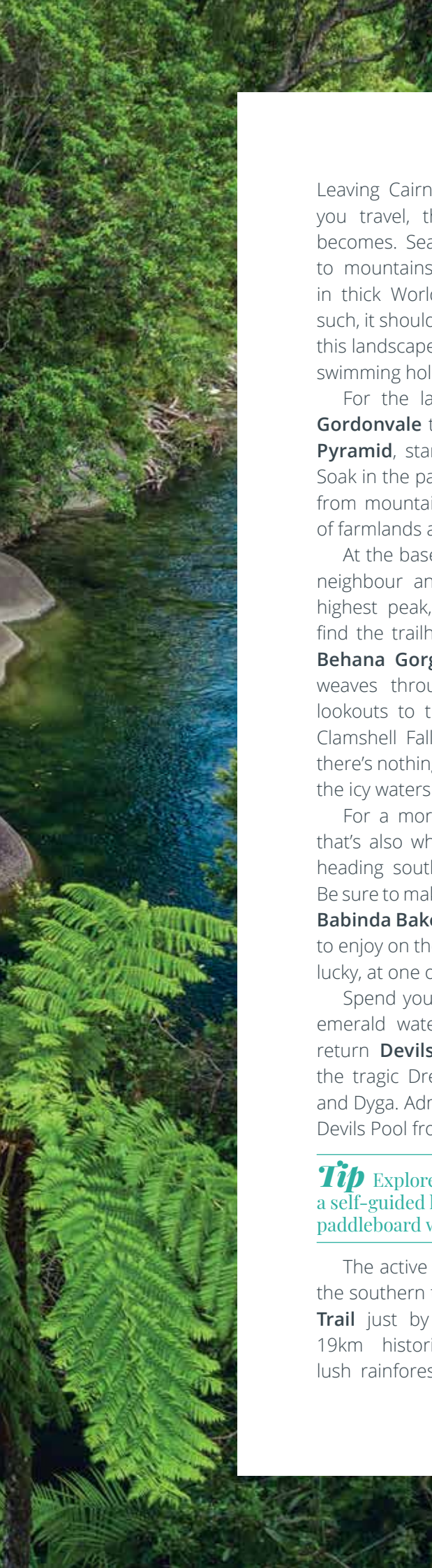
FRANKLAND  
ISLANDS

GOLDIE TRAIL

BABINDA







Leaving Cairns City, the further south you travel, the greener the scenery becomes. Seas of sugarcane give way to mountains on either side covered in thick World Heritage rainforest. As such, it should come as no surprise that this landscape is laden with spectacular swimming holes and epic hikes.

For the latter, make a beeline to **Gordonvale** to hike the iconic **Walshs Pyramid**, standing at 922m elevation. Soak in the panoramic views at the top, from mountain ranges to the tapestry of farmlands and all the way to the sea.

At the base of The Pyramid's closest neighbour and Queensland's second-highest peak, **Mount Bellenden Ker**, find the trailhead for the breathtaking **Behana Gorge**. This undulating track weaves through rainforest and past lookouts to the stunning centrepiece, Clamshell Falls. After a 3.2km hike in, there's nothing better than jumping into the icy waters to cool down.

For a more relaxed swim and one that's also wheelchair accessible, keep heading south to **Babinda Boulders**. Be sure to make a pit-stop at the famous **Babinda Bakery** to stock up on a picnic to enjoy on the grassy lawns or, if you're lucky, at one of the picnic tables.

Spend your day floating around the emerald waters, and take the 1.3km return **Devils Pool Walk** to discover the tragic Dreamtime story of Oolana and Dyga. Admire the swirling waters of Devils Pool from two lookouts.

---

**Tip** Explore Babinda Creek on a self-guided kayak or stand-up paddleboard with **Babinda Kayaking**

---

The active and adventurous will find the southern trailhead of the **Goldfield Trail** just by Babinda Boulders. This 19km historic trail winds through lush rainforest and picturesque creek

crossings. Discover a lovely campground with a swimming hole approximately halfway, and another at the northern trailhead at **Goldsborough Valley** (the latter accessible by car).

If you like a mixture of chill and thrill, a little bit chilled, head down to nature's water park at **Josephine Falls** flowing from Queensland's highest mountain, **Mount Bartle Frere**. An easy 600m stroll will take you to the cascading waterfall with a falls lookout and lower swimming hole featuring a natural water slide.

Swap freshwater for saltwater with **Frankland Island Reef Cruises**. This tour encompasses rainforest, river and reef environments, with the first part of your journey cruising down the **Mulgrave River**, rich with wildlife. From there, it's a short cruise to **Normanby Island**, with stunning fringing coral and rainforest. Take a guided walk with a marine biologist and **Master Reef Guide** to understand how truly special these environments are.

This uninhabited archipelago is also renowned as one of the top islands to spot bucket-list marine life including turtles, clown fish, manta rays, giant clams and dugongs, best discovered on their optional snorkel safari tour.

---

**Tip** Visit **Bramston Beach** for a relaxing, uncrowded beach getaway

---

After a day (or two!) of exploring, wind down with a coldie at one of the many charming pubs peppered throughout this area. Discover a slice of history at the **Babinda State Hotel** (the only pub of its time constructed and operated by the Queensland Government), sip with a view of the beautiful **Little Mulgrave River** at the **Mountain View Hotel** or soak in the small town vibes of **Fishery Falls Hotel**.





📍 JOSEPHINE FALLS

# WATER WONDERLAND

**WITH TUMBLING WATERFALLS AND RAINFOREST  
POOLS GALORE, THERE'S PLENTY OF PLACES TO  
KEEP YOUR COOL IN CAIRNS**

## CRYSTAL CASCADES

Located only 25mins from Cairns CBD in the Redlynch Valley, Crystal Cascades is a series of swimming holes and cascading falls. Venture to the end of the track for the most impressive of the falls or simply bring your floaty and retreat to one of the more shady pools along the way.

## FAIRY FALLS

Tucked away in the dense rainforest close to Crystal Cascades is Fairy Falls, a picturesque waterfall as magical as its name. Some rock hopping is required to reach this natural plunge pool, but the end result, and the cooling swim, is more than worth it.

## BABINDA BOULDERS

Babinda Boulders, located around an hour south of Cairns, features an incredible emerald-hued open swimming hole flanked with lush green rainforest and dotted with huge granite boulders. The refreshing water is cool year-round with a large picnic area and free barbecues by the water.

## JOSEPHINE FALLS

Just an hour south of Cairns Josephine Falls is nature's water park, with a natural rockslide being the main attraction of the beautiful cascades. It's an easy 600m walk to the bottom swimming hole, with wheelchair access available to the viewing platform at the top pool.

## BEHANA GORGE

Hike through the rainforest on a 3.2km trek on a fully sealed path to the stunning Behana Gorge. Make regular pit stops to cool off in the crystalline creek before reaching the grand finale; Clamshell Falls – a series of cascading waterfalls dotted with rock pools.

## STONEY CREEK

Local favourite Stoney Creek is an easy drive from the Cairns CBD. A track meanders through the rainforest, over a small footbridge and continues parallel along the creek with many pools offering a cool refuge on the 25min walk to Old Weir Falls, the final destination of your journey.





## WHERE THE *Rainforest* MEETS THE *Reef*

Resort | Day Tours | PADI Diving | Snorkel Safari | Glass Bottom Boat | Turtle Centre



### ACTIVITY PACKAGE INCLUDES:

- 3 nights accommodation
- Return boat transfers from Cairns
- Daily a la carte breakfast
- Snorkel & fin hire (3 days)
- Glass Bottom Boat Tour (1 hour tour)
- Kayak hire (30 mins)
- Complimentary weekly activity program

SAVE  
up to  
50%

### 3 NIGHT PACKAGE

FROM

**\$325**

per person, twin share in  
a Resort Studio.

BOOK NOW



[www.fitzroyisland.com/activity](http://www.fitzroyisland.com/activity)



**BOOK ONLINE**  
[fitzroyisland.com](http://fitzroyisland.com)



07 4044 6700



[stay@fitzroyisland.com](mailto:stay@fitzroyisland.com)



@fitzroyisland



@FitzroyIslandQueensland








## WE HAVE THE ACCOMMODATION FOR YOU!

Find your dream holiday accommodation with us!  
Not sure which property in Palm Cove is right for your stay?  
Please call our friendly staff to discuss your holiday needs and they will advise which options are suitable for your family.

We manage an array of private apartments within several different Palm Cove resorts, ranging from the very popular 5 star resorts right the way to budget friendly studio rooms. We have your needs covered.

**Elysium Collection**  
26 Veivers Road  
Palm Cove 4879  
**07 4059 1144**

 [www.cairnsbeachapartments.com.au](http://www.cairnsbeachapartments.com.au)  
 [info@elysiumpalmcove.com.au](mailto:info@elysiumpalmcove.com.au)  
 [elysium\\_collection\\_palm\\_cove](https://www.instagram.com/elysium_collection_palm_cove)



Heated Pool ♥ Tennis Court ♥ Ocean Views



If you are dreaming of the ultimate relaxing holiday then Amaroo Resort is definitely the choice for you. Situated high on the hill at the northern end of Trinity Beach, Cairns – all of our boutique self-contained holiday apartments feature views out over Trinity Beach.

Wake up each morning and watch the stunning beach sunrise from your own private balcony or take our direct stair access to the Beach for a morning or afternoon stroll along the calm water's edge.

Book with confidence knowing you can book now but pay on arrival and our guarantee that if a Covid Lockdown happens we will cancel your booking with no penalties.

We look forward to meeting you and welcoming you to Amaroo ☀️



92-94 Moore Street,  
Trinity Beach, QLD

**+61 7 4055 6066**

[info@amarooresort.com](mailto:info@amarooresort.com)

**[amarooresort.com](http://amarooresort.com)**





📍 BARRON GORGE

# SUMMER IN THE TROPICS

Summer is a feast for the senses. Feel the invigorating cool water of a rainforest waterfall, see the reef in crystal-clear clarity, inhale deeply for the fresh scent of rain, listen to the wildlife come alive as the land is rejuvenated, and taste sweet tropical produce as summer species flourish.

Summer is an important part of the tropical weather cycle and plays a vital role in the revitalisation of plant and animal life. The low hanging clouds on the mountains and the vibrant tones of green of the landscape will be enough to inspire your inner Monet.

With summer comes beautiful warm tropical rains. These typically run over summer and autumn though patterns will vary from year to year. The sun still peeks out of the clouds and it doesn't mean non-stop rain – you can squeeze in plenty of sunny beach or pool days during this period – but even if you are caught in the rain, grab a pina colada and embrace it! There's nothing quite as refreshing as a tropical shower.

---

It's important to always follow the advice from Queensland Parks and never venture into out of bounds or dangerous zones or flooded waters to prevent serious injury or death. During their peak, many swimming holes are too dangerous and should only be observed from afar.



# FIVE REASONS TO VISIT THE TROPICS IN SUMMER

## 1 WATERFALLS UPON WATERFALLS

If you've ever seen photos of **Barron Falls** in winter compared to after a good dose of summer rain, you'll understand. If not, prepare yourself for the most epic waterfall hunting of your life. Waterfalls that are usually calm start raging, streams that are normally a trickle begin to thunder, and waterfalls seem to appear in every crevice of the surrounding mountains. It's enough to make you want to pack up your life and become a full-time waterfall chaser.

**TIP** Take **Skyrail Rainforest Cableway** to get unparalleled views of **Barron Falls**



## 2 A FRUITY HEAVEN

While this time of year is usually synonymous with the colour green, the fruits are anything but – tangy pink lychees and sweet yellow mangoes decorate the trees and markets become a stockpile of fresh local produce. Weave your way through **Rusty's Markets** stocking up on mangoes that are as cheap per kilo as most supermarkets charge for one, or find strange exotic fruit you've never heard of.

**TIP** Dine at **Ochre Restaurant** who specialise in seasonal and native produce, particularly those local to Tropical North Queensland

## 3 WILD ABOUT WILDLIFE

With trees in peak fruiting, wildlife is out and about as food is plentiful. Cassowaries roam extensively with their young through this time while birds, frogs and other unique wildlife of Tropical North Queensland (think tree climbing kangaroos – yes, it's a thing) might be spotted while you explore.

**TIP** Let expert guides take you on a personal, educational and interactive experience of the Wet Tropics Rainforest with **FNQ Nature Tours**

## 4 SEE THE REEF IN HIGH-DEF

Northerly winds can bring calmer seas and incredible water clarity on the Great Barrier Reef through summer. The pleasant temperature of the water and active marine life on the reef means you'll never want to get out. In early December, you may even be able to catch the annual coral spawning.

**TIP** The Great Dividing Range tends to draw most of the rain to the coast often when it's raining on shore, the sun is shining at the reef

## 5 IT'S A SPECTACLE

There's no doubt, nature feels alive during summer. Whether you're watching an afternoon storm roll in, amidst *real* tropical rain, finding raging waterfalls, listening to the chorus of the rainforest, or just taking in the abundant green of the landscape, it's the kind of place that is so remarkable you'll be telling your grandchildren about it one day.

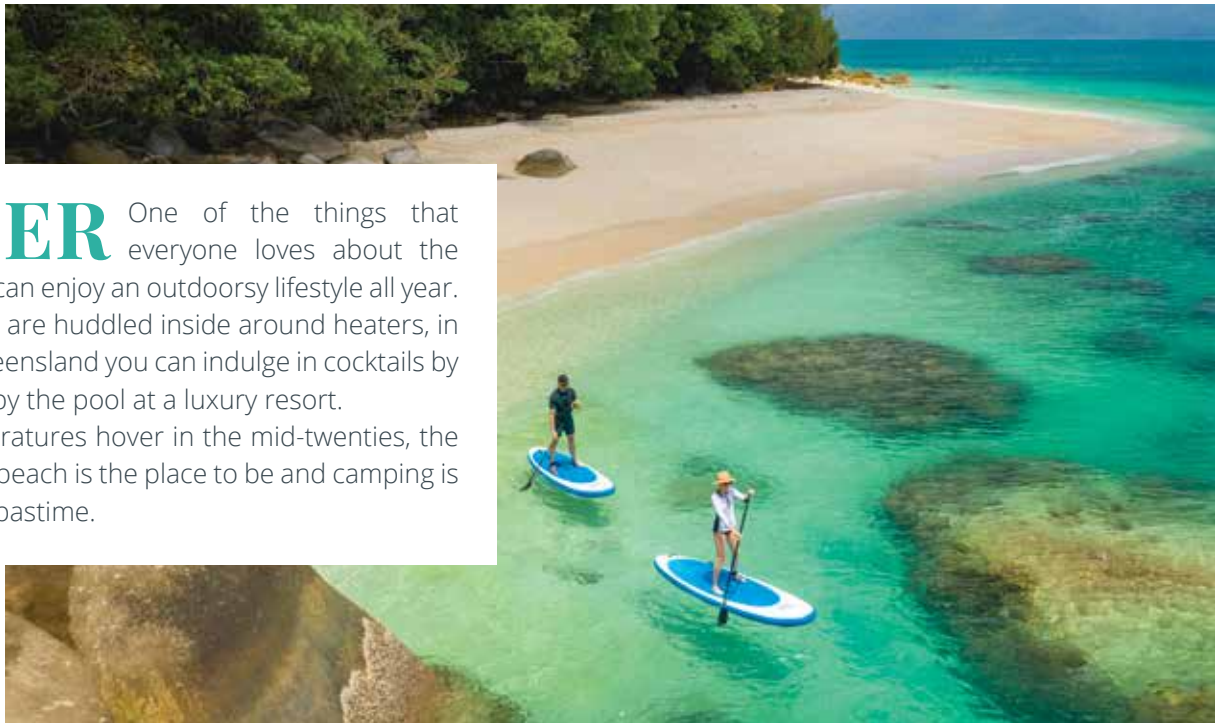
**TIP** Cozy up in a secluded rainforest cabin to enjoy this environment in all its glory





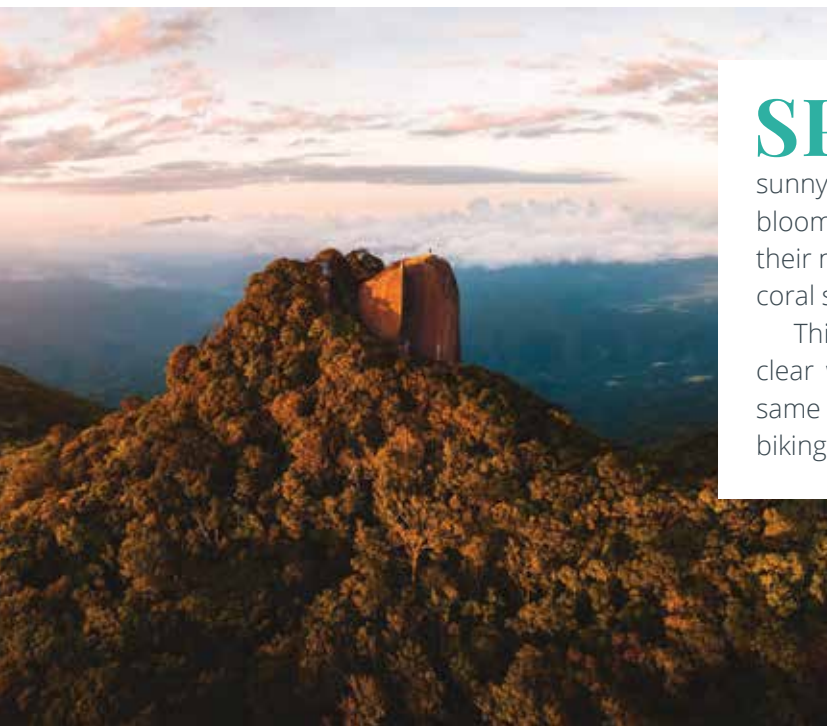
**AUTUMN** Let summer live on in autumn in Tropical North Queensland. The landscape is lush, the creeks and rivers are full and waterfall chasing is spectacular.

Get the adrenaline pumping by rafting down rivers surrounded by ancient rainforests, or visit an outback painted green by the regenerative rain, giving you a new perspective on this Aussie icon.



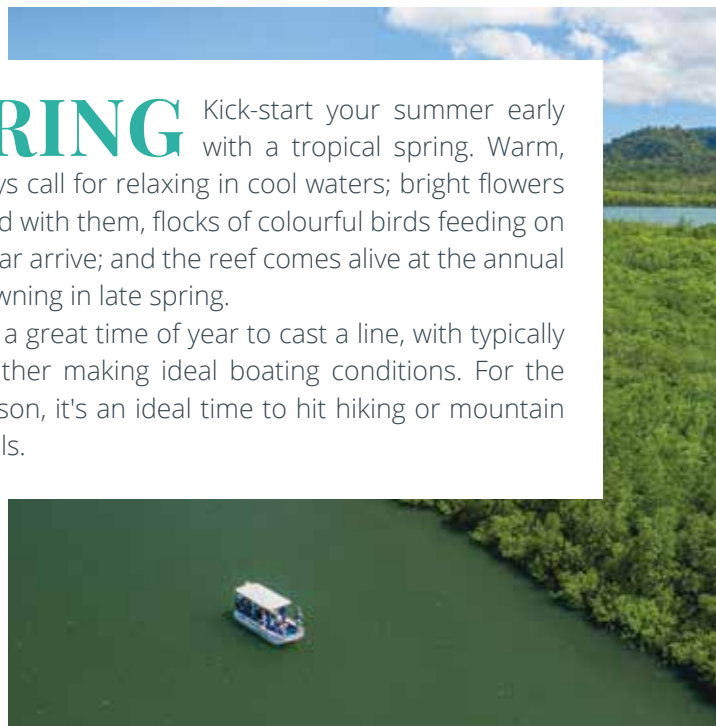
**WINTER** One of the things that everyone loves about the tropics is that you can enjoy an outdoorsy lifestyle all year. While other places are huddled inside around heaters, in Tropical North Queensland you can indulge in cocktails by the beach or laze by the pool at a luxury resort.

Daytime temperatures hover in the mid-twenties, the sun is shining, the beach is the place to be and camping is a favourite winter pastime.



**SPRING** Kick-start your summer early with a tropical spring. Warm, sunny days call for relaxing in cool waters; bright flowers bloom and with them, flocks of colourful birds feeding on their nectar arrive; and the reef comes alive at the annual coral spawning in late spring.

This is a great time of year to cast a line, with typically clear weather making ideal boating conditions. For the same reason, it's an ideal time to hit hiking or mountain biking trails.







VISIT THE BLUEWATER TO RELAX IN TROPICAL PARADISE  
WATERFRONT DINING - WEDDINGS - MENU SPECIALS

*Your Celebration Destination*



**Are you a Captains Club member?**

7 Harbour Drive, Trinity Park, QLD 4879 | 07 4057 6788 | [www.thebluewater.com.au](http://www.thebluewater.com.au)





# DISCOVER THE WORLD'S OLDEST RAINFOREST

Flying into Cairns, not only are you able to see the brilliant tapestry of the Great Barrier Reef from above, but you'll be able to see the city's close proximity to the world's oldest continuously surviving tropical rainforest – at least 130 million years old – the Wet Tropics World Heritage Area.

The Wet Tropics World Heritage Area covers a vast swathe of almost 900,00ha of pristine wilderness, stretching from Cooktown to Paluma, and encompassing some 30 National Parks and at least 20 Rainforest Aboriginal tribal groups, 120 clans and 8 language groups.

This rainforest boasts an astounding number of claims to fame; from the first flowering plants to the smallest and most primitive species of kangaroo as well as Australia's only tree climbing kangaroos; over 2,800 vascular plant species (700 of which are endemic); 230 butterfly species; and 40% of Australia's bird species including its very own avian icon (aka dinosaur), the Southern Cassowary.

The list is never-ending but what else can you expect from the oldest rainforest on the planet?



## EXPLORE AT GREAT HEIGHTS

For a comprehensive insight into the history, evolution and extraordinary beauty of this ancient rainforest, hop aboard **Skyrail Rainforest Cableway**. Skyrail grants you access to views that no other experience in the region is able to offer, skimming over the mesmerising canopy where the forest floor seems to disappear into oblivion below.

Before embarking, download the **Skyrail Interpretive App** for educational insights and fun augmented reality experiences along the journey. Join a ranger-guided tour at **Red Peak Station** and take your time wandering through the engaging **Rainforest Discovery Zone** to learn even more about this spectacular and irreplaceable bioregion.

---

**TIP** Pair a trip on Skyrail with **Kuranda Scenic Railway** for more incredible views and interesting history

---

To explore great heights on two feet, find a network of hiking trails departing from Kamerunga, around 25mins drive from Cairns CBD. The scenic **Douglas Track** takes around 2-3hrs return and climbs to **Glacier Rock**, permitting you panoramic views over Cairns and the Coral Sea. It's best done early to catch the sunrise and before the heat of the day sets in.

**Smiths Track** climbs up the opposite (and very steep) ridgeline of Stoney Creek Gorge. Eventually the track interconnects with the Douglas Track however you can just choose to complete parts of the trail. Take a short detour from **Toby's Lookout** to a grove of giant kauri pines and a shallow swimming hole. Upon return of both tracks, cool off in the shady pools of **Stoney Creek**.

## INNER CITY GREENS

Only five minutes from the Cairns CBD, you'll find yourself in the lush inner-city suburb of **Edge Hill**, home to the **Cairns Botanic Gardens** and **Centenary Lakes**. The gardens house one of the best exhibitions of tropical plants, both native and exotic, in Australia. Sections of the gardens are only open between 7:30am-5:30pm daily, however simply strolling down leafy **Collins Avenue** or through the boardwalks of Centenary Lakes can satisfy your nature fix.

Those after more of a challenge can tackle the popular **Mount Whitfield Conservation Park** walking tracks – Red, Yellow, Blue and Green Arrows – which venture into the 300ha forested range just behind the Botanic Gardens, and are a great way to see the rainforest and keep active without leaving the city. Tracks vary in length and difficulty, but all feature scenic lookout points and varied terrain.

## RAINFOREST ROAD TRIP

Pack a picnic and hit the road for a scenic drive up to **Lake Morris (Copperlode Dam)**. The old adage "the journey is as good as the destination" is a tough call when the final destination is as beautiful as Lake Morris, but when the road is fringed with dozens of Jurassic-looking tree ferns and dotted with spectacular lookouts over Cairns City, it holds true. Once at the top, the magnificent **Lamb Range** towering over the lake makes the perfect backdrop to enjoy a picnic lunch. To explore from the water, you'll need to book with **Copperlode Fish & Kayak**.

Lake Morris is accessible from 8am to 6pm every day. Drive carefully as this is a popular training route for cyclists and cassowaries are also occasionally spotted along the way.



# FUN & TROPICAL LOCAL PRODUCE

## **BLACK SAPOTE**

Aka chocolate pudding fruit for its distinct chocolatey flavour. Best eaten when squishy

## **LYCHEE**

You know them, you love them and for good reason. These tasty morsels are a summer staple in the tropics

## **STAR APPLE**

Named for the pattern seen here when cut in half. Tasty and sweet with a jelly-like texture

## **BITTER MELON**

While maybe not the most tasty tropical produce, it's reputed to have many health benefits and is packed with nutrients

## **PINEAPPLE**

The climate of Mareeba provides the perfect conditions for growing pineapples. Mareeba Gold Pineapples are known for their sweet juiciness and golden flesh

## **SOURSOP**

Related to the custard apple, this creamy, sweet and tangy fruit is absolutely delicious! They can weigh over 6kgs so are perfect for fruit lovers.

## **DRAGON FRUIT**

You may be familiar with the brilliant pink variety but they come in multiple varieties in the North. These are a tasty addition to any fruit salad adding a colourful pop!

## **MANGO**

Synonymous with summer throughout Australia, but in Cairns you'll find more species than you knew existed. Fill a bag for as little as 99c per kilo at local markets

## **PAPAYA/ PAW PAW**

Local grower, Skybury, is Australia's largest producer supplying around 50% of the oh-so-sweet red papayas domestically



# Time for Family

**Holiday Inn**  
AN IHG HOTEL  
Cairns Harbourside



Enjoy breakfast, a Family Pass to Cairns Aquarium, in-room movies, popcorn, and free parking - with our Family Escape Package.

Scan to discover our packages, call direct via 07 4080 3000 or visit [holidayinn.com/cairns](http://holidayinn.com/cairns)



## Amazing Views

**5% off**  
for all bookings  
made directly  
via the phone  
while mentioning  
this ad



The perfect place to relax in our fully self-contained luxury 1, 2 and 3 Bedroom Apartments overlooking the Coral Sea, gateway to the Great Barrier Reef. Enjoy our large lap pool overlooking the beautiful Trinity Beach. Perfect for couples and families all year round.

Phone: 07 40578822 | Email: [res@bellevuetrinitybeach.com.au](mailto:res@bellevuetrinitybeach.com.au) or [www.bellevuetrinitybeach.com.au](http://www.bellevuetrinitybeach.com.au)



# INTO THE BLUE

WITH THE MOST VESSELS DEPARTING TO  
THE GREAT BARRIER REEF DAILY, CAIRNS IS  
THE PERFECT BASE FOR EXPLORING THIS  
VIBRANT UNDERWATER GARDEN

When it comes to the Great Barrier Reef, you really do have to see it to believe it. It's the biggest, single structure made from living organisms on the planet, so large, that it can actually be viewed from outer space. When you are choosing a launching point to explore this wonder, Cairns has got you covered with more reef tours than any other destination. These range from island getaways, day trips to the outer reef and multi-day liveaboard adventures.

This marvellous matrix of coral gardens is home to over 1,500 species of fish, 411 types of hard coral, one-third of the world's soft corals, 134 species of sharks and rays, seven species of threatened marine turtles and over 30 species of marine mammals.

If you want to truly understand how complex this ecosystem is, explore it with a **Master Reef Guide**. These guides are so passionate and such incredible storytellers that they have been endorsed by the **Great Barrier Reef Marine Park Authority** who manage the World Heritage Area.

---

**TIP** Before heading to the Great Barrier Reef visit the **Cairns Aquarium** or book an evening education session at **Reef Teach** to dive into facts and information about this natural wonder

---





## WAYS TO EXPLORE THE GREAT BARRIER REEF

### SNORKEL

#### ON YOUR MASK, GET SET, GO!

Put on a mask, look beneath the surface and be mesmerised by the world below. Snorkelling is an easy, safe and fun way to explore the reef, moving at a slow and gentle pace so you have time to admire the intricate coral gardens or see one of thousands of marine species going about their day. Head out with locally-owned **Down Under Cruise and Dive** on their fast and luxurious superyacht **Evolution**.

### SCUBA DIVE

#### TAKE THE PLUNGE

Take the plunge and discover an underwater wonderland. Scuba diving gives you the chance to immerse yourself in the Great Barrier Reef in a more intimate way than snorkelling, getting up close to vibrant corals, complex reef systems and a huge variety of marine life. Most operators offer diving including introductory dives. If you're a little nervous, **Ocean Free & Ocean Freedom** are the only operator to offer two-to-one diver to instructor ratio as standard on introductory dives.

### LIVEABOARD

#### MORE TO EXPLORE

With over 2,300km of reefs, sand cays and islands to explore, extend your reef experience from one night to up to one week with a liveaboard diving trip. Join a dwarf minke whale expedition, witness the ultimate underwater spectacle during the annual coral spawning (November or December) or seek out sharks on a night dive with **Divers Den** on **OceanQuest**.

### SCENIC FLIGHT

#### SOAR ABOVE THE GREAT BARRIER REEF

The Great Barrier Reef offers amazing underwater experiences but what many people don't realise is that the view from above is equally sensational. Add a scenic flight with **Nautilus Aviation** to your itinerary and you'll get a whole new appreciation for the scale of this incredible ecosystem, the only living organism visible from outer space.

### GLASS BOTTOM BOAT

#### ENJOY THE VIEW WITHOUT DIVING IN

Enjoy the Great Barrier Reef without even getting your hair wet on a glass bottom boat or semi-submersible. Perfect for the less mobile or families with young children, these tours give crystal-clear views of what is happening beneath the surface, often with expert commentary.

---

**TIP** As well as semi-submersibles and glass bottom boats, **Sunlover Reef Cruises** also have an underwater observatory on their pontoon and Marine Biologist talks with touch tanks

---

### WITH AN INDIGENOUS GUIDE

#### CONNECT TO SEA COUNTRY

Add an unforgettable cultural spin on your day on the reef with **Dreamtime Dive & Snorkel**. Be welcomed to country by Indigenous Sea Rangers and hear the creation story of the Great Barrier Reef (Uirrie). Gain a deeper understanding of how First Nations People have interacted with the reef for thousands of years before exploring the incredible coral gardens below.





# ISLAND LIFE

Get your fill of island time on one of these dreamy tropical islands located off the coast of Cairns

## GREEN ISLAND

Located 15 nautical miles off Cairns, Green Island is a dreamy coral cay flanked by fringing reef, which is so close that you can snorkel directly off the beach. In between meeting marine life, chill out on the beach, or wander through the rainforest – this is the only sand cay on the Great Barrier Reef with rainforest, in fact!



## FRANKLAND ISLANDS

If you're looking for an island adventure that's more rugged than resort, the **Frankland Island Reef Cruises** have you covered. Head on a day tour to **Normanby Island** and meet the locals on the reef, or simply relax on the beach. Those looking for the ultimate castaway experience can camp in paradise on the uninhabited **Russell** and **High Islands**.



## FITZROY ISLAND

With stunning beaches, colourful corals and a beachfront restaurant just 45mins from Cairns, this dreamy island is a local's favourite. Make tracks to the famous **Nudey Beach**, spend time searching for turtles in the colourful coral gardens, and kayak or stand-up paddleboard on the turquoise waters.



## CAYS

White-sand beaches surrounded by endless ocean and colourful fringing reefs may sound too good to be true, but Cairns has a number of sand cays to sink your toes into. Live the ultimate luxe life with a private picnic on **Vlasoff Cay**, snorkel colourful corals off **Michaelmas Cay**, day trip to **Upolo Cay** or head stop for sunset drinks at **Sudbury Cay** on a multi-day adventure with **Coral Expeditions**.



# AQUARIUM BY TWILIGHT



**EXCLUSIVE GUIDED  
TWILIGHT TOUR  
OF AQUARIUM**



**APPETISER  
& DRINK IN  
OCEANARIUM**



**DINNER & DESSERT  
AT DUNDEE'S  
RESTAURANT**

**BOOK ONLINE**

[cairnsaquarium.com.au](http://cairnsaquarium.com.au)

5 FLORENCE ST, CAIRNS  
PHONE (07) 4044 7300



## ALASSIO PALM COVE



Located on the beautiful Palm Cove Esplanade, Alassio Palm Cove offers a selection of luxury 4-star AAA rated 1, 2 or 3 bedroom self-contained apartments and studio rooms.

Alassio Palm Cove accommodation is walking distance to boutique shops, fine dining restaurants and bars ... and close to the life guard patrolled section of Palm Cove beach.

Alassio Palm Cove, 139 Williams Esplanade,  
Palm Cove Queensland 4879, Australia

07 4059 1550

[www.alassiopalmcove.com](http://www.alassiopalmcove.com)



📍 CRYSTALBROOK RILEY







# TRAVEL IN STYLE SUSTAINABLY

“It’s not easy being green” so the saying goes, but in Cairns it’s very easy to be green and to nurture yourself in the lap of luxury whilst you do so.

As a destination flanked by two of Australia’s most iconic ecosystems, the Great Barrier Reef and the Wet Tropics World Heritage Rainforest, it should come as no surprise that the buzzing metropolis of Cairns has conservation at its core. Whether you find yourself eye to eye with a Green Sea Turtle on the reef or connect to the land with an Indigenous Guide, the array of eco-accredited, sustainable experiences ensure that you are leaving nothing more than footprints (or fin waves) behind.

For a luxurious stay that gives back more than it takes from the environment, check into one of the **Crystalbrook Collection** hotels. The three sibling properties, **Flynn**, **Riley** and **Bailey** pride themselves on responsible luxury and come with all the indulgent trimmings including on-site restaurants, pools and spas.

Swap Esplanade views for sea-drenched vistas of the Trinity Inlet at eco-certified **Pullman Reef Hotel Casino** and finish the day with a twilight swim under the stars.

Sleep tight on island time at **Fitzroy Island Resort**, which is single use plastic free, supports the nearby **Turtle Rehabilitation Centre** and has helped to fund the coral trees off the island planted by **Reef Restoration Foundation**.

A trip to the tropics wouldn’t be complete without exploring the Great Barrier Reef and on **Passions of Paradise** you breathe easy through your snorkel, knowing that your trip is fully carbon neutral.

To forge a timeless connection to this wonder, explore it with Traditional Owners, who have maintained deep connections to the reef for thousands of years, on **Dreamtime Dive & Snorkel**.

Many reef operators offer tours with a **Master Reef Guide**, the world’s leading reef experts, interpreters and storytellers. Visiting with a Master Reef Guide ensures you leave equipped with all the knowledge on how to help this natural icon, thus able to go forth and spread the word.

If you thought your trip couldn’t get any greener, a trip to the Wet Tropics World Heritage Rainforest is calling. Soar over the rainforest canopy with **Skyrail Rainforest Cableway**, an experience that is Advanced Eco Certified and Climate Action Certified. To explore a little further afield, eco-certified **Wait-a-While Rainforest Tours** specialise in small group nature-spotting tours departing Cairns.

Like we said, being green comes easily in Cairns – you could even say it’s in our nature.



# HOW DOES YOUR GARDEN GROW?

Gardeners come in all shapes and sizes, and those working to revitalise the world's most iconic coral garden are vital to its future. Marine Biologist and PhD candidate, Lorna Howlett, talks coral restoration on the Great Barrier Reef.

It's 1pm on a Tuesday afternoon and Lorna Howlett isn't exactly in a typical office environment. She's underwater with a tiny *Acropora millepora* coral fragment in her hand and is about to attach it onto a bare rock face on the Great Barrier Reef. Fast-forward two years and that tiny coral piece has flourished into a vibrant coral garden (pictured).

Lorna is one of the legendary reef warriors who work for the **Coral Nurture Program**, a unique partnership between tourism and science, which aims to assist in the recovery of "high value" reef sites on the Great Barrier Reef.

Lorna's PhD topic is the "Optimisation and ecological effects of coral restoration on the Great Barrier Reef". She's been assessing the use of a novel device, Coralclip (used to attach coral fragments onto

areas of bare rock on the reef), conducting surveys to determine the success of the Coralclip, and monitoring reef sites.

*"For this I outplanted 20 coral fragments altogether but, since the start of the Coral Nurture Program, the tourism operators have outplanted over 40,000!"*

A few nautical miles across the big blue, another team of underwater gardeners are placing coral fragments on coral tree frames, producing ocean-based nurseries for these coral pieces to grow and thrive. In under a year, these fragments will be reattached to the reef where they will continue to grow. This team is part of **Reef Restoration Foundation**, who

aim to produce one million new corals on the Great Barrier Reef by 2026.

Reef warriors have gone above and beyond to help the reef and **Experience Co** is no exception. **GBR Biology**, the tourism company's research and education department, have literally gone to **Mars (Incorporated)** to implement a solution. The coral rubble stabilisation project, which was developed by Mars Incorporated, uses steel grid structures called "reef stars" to stabilise fields of loose coral fragments. Pieces of coral are attached to the structures and are used to fill gaps between patches of natural live coral.

As these lovingly-planted coral gardens continue to flourish and provide an ecosystem for all creatures great and small, these gardeners continue their journey of cultivation. They may not be seen by many, but their contributions will be seen by generations to come.



01 One of five coral fragments planted in June 2019 (approx 10cm in length).

02 The same coral fragments in July 2021.





**Where beachfront luxury meets world class service at Pullman Palm Cove Sea Temple Resort & Spa**

Rest, rejuvenate and reset in our little piece of paradise in Palm Cove, Queensland. Located 25 minutes north of Cairns and just footsteps from beautiful turquoise waters and swaying coconut palms, Pullman Palm Cove Sea Temple Resort & Spa is the perfect stop for a true barefoot luxury holiday retreat.

From **\$355 per room per night\***, enjoy our specially curated package which includes:

- Luxury accommodation options • Daily breakfast • A bottle of sparkling wine on arrival
- A cocktail masterclass • A 30 minute relaxation Vie Spa massage
- A degustation dinner with matching wines at the award-winning Temple of Tastes Restaurant

**P: +61 7 4059 9600 | W: [www.pullmanpalmcove.com.au](http://www.pullmanpalmcove.com.au)**

Terms and Conditions: \*Valid for stays until 30<sup>th</sup> June 2022. Subject to availability. Advertised rate is based on two people in a studio spa room. Minimum five night stay. Seasonal surcharges apply.

  
PULLMAN  
HOTELS AND RESORTS  
Palm Cove Sea Temple  
Resort & Spa

# Ocean Free & Ocean Freedom

*.....for that personal touch*



**Cairns Great Barrier Reef Tours**





# CHOOSE YOUR OWN ADVENTURE

Adventure means something different for everyone. It's not always about getting the adrenaline racing, it's about seeing the world from a new perspective.

## **PADDLE DOWN PRISTINE WATERS**

If you'd rather relax than rush, set your own pace and glide along the crystal-clear Babinda Creek with **Babinda Kayaking**. Hire a kayak or stand-up paddleboard and wind your way between Queensland's two highest mountains alongside fish, turtles, and the occasional platypus before pulling up on the banks for a picnic lunch. Good news if you're travelling with your pooch, dogs are welcome to join you on this tour.

## **FLOAT LIKE A LOCAL**

Up the ante a little with **Cairns Adventure Group** and float like the locals do on an inflatable tube down one of two idyllic rainforest waterways – Behana Gorge or the Mulgrave River. While much of this experience is chilled, you'll also tackle some small rapids sure to get the heart racing.

## **MEET SHARKS IN THE DARK**

While technicolour fish and coral may be on your list of

things to spot during a night dive, you'll want to prepare for the main attraction as a shiver of reef sharks surround your liveaboard vessel with **Divers Den**. Experienced divers are invited to suit up for the ultimate close encounter, while others can enjoy the action from the water's surface with a mask and snorkel.

---

**TIP** If you don't have enough time for an overnight expedition, or simply can't get enough of the experience, take the plunge with sharks at **Cairns Aquarium**

---

## **CAST YOUR LINE WITH AN EXPERT**

The waters of Cairns are some of the world's best fishing grounds with the seas, rivers and tidal estuaries teeming with fish. Board a fishing charter with **Fish Tales Cairns Charters** or **Cairns Reef Fishing** to have an experienced local guide you to the best fishing spots as well as provide advice on which type of lure and bait to use. If you're lucky to hook a fish or

two (or more!), they'll also help with identifying the type of fish, whether it should be kept or returned, and help you clean, fillet and cook your catch.

## **HIT THE TRAILS**

With 700kms of mountain biking trails easily accessible from Cairns, both downhill adrenaline junkies and easy-going family riders are able to find a track that suits. Located an easy 20mins drive north of Cairns airport, the world-famous **Smithfield Mountain Bike Park** offers more than 60km of green, blue and black-rated trails that twist through spectacular vine-clad jungle, over clear-flowing streams and along jagged ridges that overlook the Great Barrier Reef.

For those that prefer two legs over two wheels, bushwalking options are almost infinite with the Great Dividing Range hugging the city. Conquer Queensland's highest mountain, pack your bags for a multi-day adventure or hike to incredible rainforest waterfalls.





# THREE HIKES TO CONQUER

## 1 GLACIER ROCK

A favourite amongst locals for its ease of access and stunning views, Glacier Rock via The Douglas Track is a challenging but rewarding hike located a short 25mins drive from Cairns. The trailhead starts at the popular Stoney Creek swimming hole which is a welcome place to cool off on your return.

## 2 WALSHS PYRAMID

This 6km return trail steeply climbs to the summit standing at 922m rewarding you with incredible views over the patchwork of sugarcane farmlands below as well as down the thick, lush rainforests of the Bellenden Ker Range to and towards the Goldsborough Valley.

## 3 MOUNT BARTLE FRERE

As Queensland's highest peak, standing at 1622m elevation, the challenging hike to Mount Bartle Frere's summit ventures through thick World Heritage rainforest, across mossy creek crossings and boulder fields culminating with expansive views to the coast and over the Atherton Tablelands. The trail can be completed in a day or you can camp at the top.



# ADRENALINE JUNKIE

So you've tackled mountain-biking trails or conquered the highest peaks and now you're looking for your next adrenaline-inducing activity? Here's what to do in Cairns.

## JUMP OFF AUSTRALIA'S ONLY BUNGY TOWER

Set in the rainforest 20mins north of Cairns CBD at **Skypark by AJ Hackett**, test your thrills with 16 different jump styles on offer. These include everything from a graceful swan dive all the way to riding a BMX bike off a roof. If you're not quite up to taking the leap, soar from 45m at speeds of up to 120km/h on the Giant Jungle Swing, or Walk the Plank on their newest attraction.

## GET A BIRD'S EYE VIEW NOT EVEN YOUR DRONE COULD CAPTURE

The aerial views of farmlands, cityscapes, mountain peaks, snaking rivers and coral sea are ones not often seen by people. Be one of the few who can claim witness to it with **Skydive Cairns**. While you may struggle to take in the glistening green and blue landscape while plummeting at over 200km per hour during your 60-second freefall, you'll have up to seven minutes to soak up the scenery once the parachute opens.

## DISCOVER A DIFFERENT SIDE TO CAIRNS' WATERFALLS

There's waterfall chasing and then there's **Cairns Canyoning**. See a different side to some of Cairns' waterways as you abseil, zipline, slide and leap down incredible freshwater creeks surrounded by dense tropical rainforest. There are several different adventures to choose from, including Behana Gorge and Crystal Cascades to the advanced Spillway tour.

## TACKLE THE RAPIDS

How many cities can launch a raft on grade 2 and 3 rapids only 20mins from the CBD? Get the adrenaline racing with **Raging Thunder** on a half day white water rafting tour down the Barron Gorge. It's a place of raw natural beauty with the gorge, cloaked in World Heritage rainforest, towering either side of you as paddle your way down the river – sometimes furiously, sometimes leisurely.

**TIP** They also off a family rafting tour specifically catered for families with childred aged 6-11 years





# Adventure STARTS HERE

**SKYPARK**  
CAIRNS BY *AJ Hackett*

[skyparkcairns.com](https://skyparkcairns.com) | [@skyparkcairns](https://twitter.com/skyparkcairns)

**TAKE 20% OFF AT SKYPARK CAIRNS**

Use Promo Code: SKYPARKUNEARTHED

**BUNGY | GIANT SWING | WALK THE PLANK  
GRAVITY BAR | TOWER CLIMB & LOOKOUT**

\*Terms & Conditions apply. Valid for online bookings only with book and travel until Jan 2022. Cannot be used in conjunction with any other offer. Height and weight restrictions apply, please refer to [skyparkcairns.com](https://skyparkcairns.com). To receive 20% discount online, coupon code SKYPARKUNEARTHED must be entered at checkout.



# MINI ROAD TRIPS FROM CAIRNS

Discover local specialties and hidden gems on a short road trip from Cairns.

## 📍 CAIRNS TO YUNGABURRA

Brace yourself for a spot of scenic driving; this road trip is best explored via the **Gillies Range**, the famous stretch of tarmac packing 263 corners over 19kms with an 800m elevation gain.

Emerging from the rainforest, you'll find yourself in the rolling hills of the **Atherton Tablelands** before arriving at the quaint, historic town of **Yungaburra**. From here, you can explore the **Crater Lakes National Park**, discover giant ancient trees, enjoy a spot of shopping or some Devonshire tea.

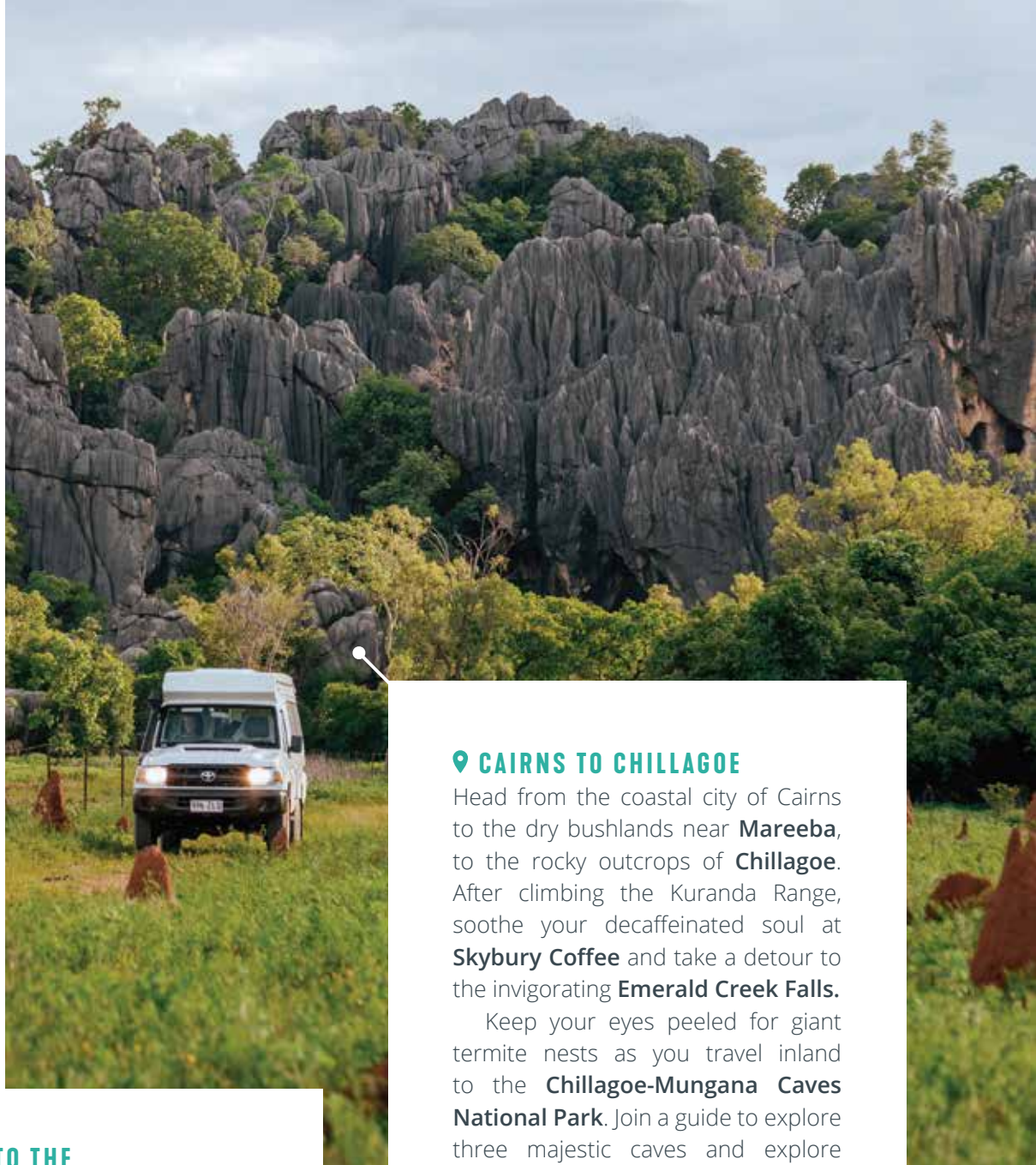
## 📍 CAIRNS TO ETTY BAY

Located 90mins south of **Cairns** near the art deco town of **Innisfail**, **Etty Bay** is known as one of the region's most scenic beaches. But what really makes this little cove so special is its inhabitants. Home to the magnificent Southern Cassowary, your chances of spotting these notoriously elusive birds roaming the beachfront here are pretty high.

Be sure to stock up on picnic goods from the famous **Oliveri's Continental Deli** and roadside fruit stalls along the way. Pair your trip with a visit to **Paronella Park** or to discover the ultimate love story set, or **Mamu Tropical Skywalk** to see the rainforest from the canopy.

Discover more road trips from Cairns at [tropicalnorthqueensland.org.au/roadtrips](https://tropicalnorthqueensland.org.au/roadtrips)





### 📍 CAIRNS TO THE WATERFALL CIRCUIT

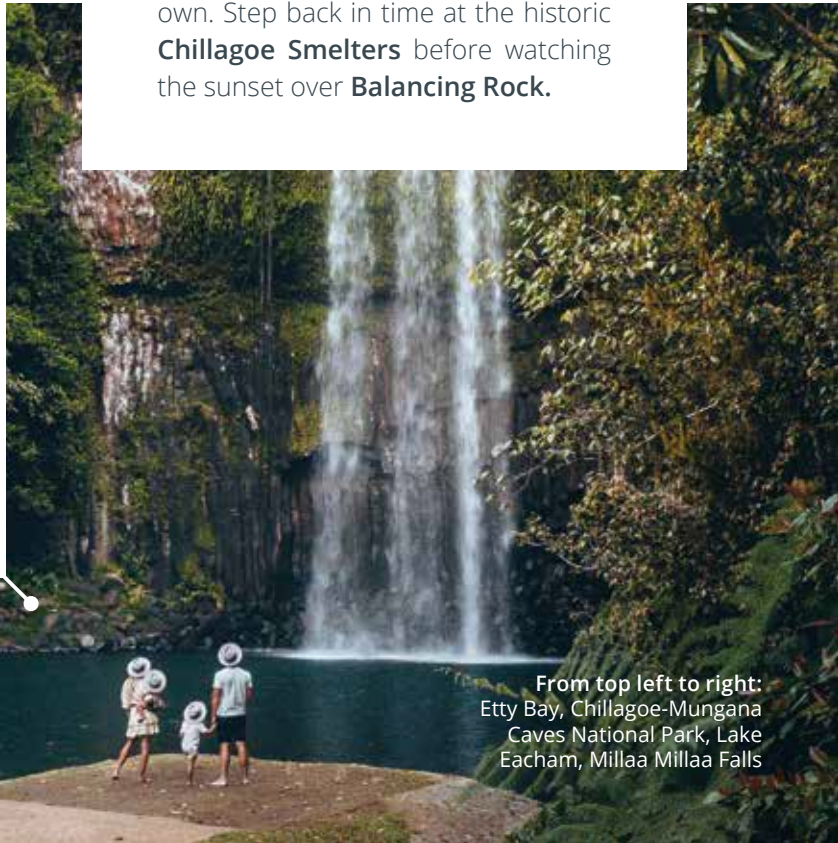
What do you get when you have high altitude, mountains and rocky outcrops? Find your answer on the aptly-named **Waterfall Circuit** that lures travellers inland.

Hit the road to the **Atherton Tablelands** and follow the signs to **Millaa Millaa Falls**, which is straight out of a fairytale. Then drive 8kms to the beautiful **Zillie Falls** and take in the tumbling waters from a viewing platform. Complete your waterfall hopping with a refreshing dip at **Ellinjaa Falls**.

### 📍 CAIRNS TO CHILLAGOE

Head from the coastal city of Cairns to the dry bushlands near **Mareeba**, to the rocky outcrops of **Chillagoe**. After climbing the Kuranda Range, soothe your decaffeinated soul at **Skybury Coffee** and take a detour to the invigorating **Emerald Creek Falls**.

Keep your eyes peeled for giant termite nests as you travel inland to the **Chillagoe-Mungana Caves National Park**. Join a guide to explore three majestic caves and explore three more self-guided caves on your own. Step back in time at the historic **Chillagoe Smelters** before watching the sunset over **Balancing Rock**.



From top left to right:  
Etty Bay, Chillagoe-Mungana  
Caves National Park, Lake  
Eacham, Millaa Millaa Falls



# THE DRIVE OF YOUR LIFE

**WELCOME TO THE GREAT BARRIER REEF DRIVE, THE  
ULTIMATE STRETCH OF PARADISE PEPPERED WITH  
PALM-FRINGED BEACHES AND LUSH RAINFOREST**

## DAY 1

Your adventure begins in Cairns City. Beach bums can beach hop their way along Cairns' Northern beaches, from the chilled local **Holloways Beach** to the stunning oceanfront restaurants at **Trinity Beach**. Pull into **Palm Cove** for a walk down *that* palm tree line and treat yourself to a gelato whilst wandering on the sandy shores. Choose a base for the night before hitting the road in the morning.

## DAY 2

As you head north, stop for a coffee or breakfast at **Ellis Beach**, a beautiful stretch of sand where the rainforest tumbles down to the sea. Little kids and big kids alike can test their croc-o-dial at **Hartley's Crocodile Adventures**, located between Cairns and Port Douglas. If you prefer more beach time, there's so many beaches along this stretch that you may just find one all for yourself.

Fuel up with lunch at **Osprey's Restaurant** at **Thala Beach Nature Reserve** and gaze at unsurpassed views of the coastline and Coral Sea. Stay here or head to **Port Douglas**, and choose from an array of pool-fringed resorts, awesome restaurants and stylish shops.

## DAY 3

Start your day with a dreamy sunrise on **Four Mile Beach**. Grab breakfast from **Choo Choo's** at the Marina then hit the road and head back onto the Great Barrier Reef Drive. Head 20mins north to **Mossman Gorge**, a series of tumbling cascades flanked by stunning rainforest and join a **Ngadiku Dreamtime Walk** with Traditional Owners. Make way to the Daintree River to search for crocodiles on a river cruise with **Solar Whisper Wildlife Cruises** then head to **Daintree Ecolodge** and sleep tight in the world's oldest rainforest.

## DAY 4

Cross the **Daintree River** and wind your way through lush rainforests and beachside hamlets. Experience panoramic views at **Alexandra Lookout** and explore the rainforest canopy at all levels at the **Daintree Discovery Centre**. Take a walk on one of the free rainforest boardwalks, cool off with a dip in **Mason's Creek** and taste local flavours at **Daintree Ice Cream Company**. Make your way to **Cape Tribulation** and finish your day with a cooling swim at the **Emmagen Creek** swimming hole.



# *Your home away from home*

*Just imagine relaxing on your balcony with spectacular views of the Coral Sea.*



**Melaleuca**  
Resort Palm Cove

Stephen and Margaret will welcome you with good old fashioned hospitality.  
Melaleuca Resort is your home away from home - you just won't want to leave.



P: 07 4055 3222 | E: [stay@melaleucaresort.com.au](mailto:stay@melaleucaresort.com.au) | [www.melaleucaresort.com.au](http://www.melaleucaresort.com.au)



## *Say "I do"*

against a backdrop of  
the calm Coral Sea and  
a Tropical Paradise.

Choosing the right  
celebrant will make your  
special day a memorable  
one that runs smoothly  
and without stress.

Contact Di today on  
M: 0419 381 979

E: [ittakes2plus@gmail.com](mailto:ittakes2plus@gmail.com)  
[info@ittakes2cairns.com.au](mailto:info@ittakes2cairns.com.au)  
[www.ittakes2cairns.com.au](http://www.ittakes2cairns.com.au)  
Di Bailey - Licensed Celebrant

**PALM COVE**





# FAMILY FUN

**LOCAL BLOGGER KATE RICHARDS**

**AKA ADVENTURE MUMMA DIVES INTO**

**FAMILY-FRIENDLY ACTIVITIES IN CAIRNS**

If Cairns is your destination and you have a kids in tow then you'll find a heap of activities that will entertain your family and guarantee fond memories for years to come. Follow **Adventure Mumma** on Instagram or Facebook for more family-friendly tips on Cairns.

## DINING

There is no lack of family-friendly eateries around Cairns. On the weekend check out **Rusty's Markets** for its diverse range of eateries plus the opportunity to purchase some fresh tropical fruit.

**Dundee's at the Cairns Aquarium** has a large saltwater aquarium as its backdrop and down at the Cairns Marlin Marina is **Prawn Star**, where you can channel your inner pirate and enjoy some fresh Aussie seafood on the back of a trawler.



## EXPLORE CAIRNS ESPLANADE

It's a fun recreational strip that follows the city's shoreline that you can easily explore on foot. First stop should be the **Cairns Esplanade Lagoon** for its sandy beach, shade sails, fountains, and plenty of shallow sections for kids to play.

Two playgrounds worthy of a visit are **Muddy's Playground**, which has a splash park, climbing frames, swings, and a flying fox and the **Figtree Playground**, an expansive treehouse located under a massive fig tree, right by waterfront **Wharf One Cafe**.

## TROPICAL ISLAND FUN

Just off the coast lie a couple of islands that are only a short boat ride away. Pick **Green Island** and you can relax on the sandy beach, spot turtles off the jetty and explore the **Marine Melanesia** attraction, home to Cassius the croc.

**Fitzroy Island** has a coastal rainforest walk that will take you to **Nudey Beach**, the **Cairns Turtle Rehabilitation Centre** and a resort that is perfect for a family stay.



4

### KURANDA SCENIC RAILWAY & SKYRAIL RAINFOREST CABLEWAY

The iconic **Kuranda Scenic Railway** meanders up the range to Kuranda with views of Cairns and beyond, **Stoney Creek Falls** and **Barron Falls**.

To complete the journey, hop onboard **Skyrail Rainforest Cableway** and cruise above the ancient rainforest canopy. Don't forget to hop off and join a ranger-guided boardwalk tour.

### TRAVEL TO THE OUTER BARRIER REEF

Pontoons on the Outer Barrier Reef are a great place to visit if you have kids. **Sunlover Reef Cruises** pontoon has a water slide that loops from their sun deck into the sea below. There's also has an underwater observatory, a touch tank and a tasty lunch menu catered by **Nu Nu Restaurant**.

6

8

### EXPLORE CAIRNS CBD

There's plenty of activities for families to do within a few blocks of Cairns CBD. The **Cairns Aquarium** features fishes of the Great Barrier Reef, and those living in the mangrove habitats and freshwater river zones.

For families that like a bit of a challenge check out the ropes course at the **Cairns ZOOM & Wildlife Dome** (age limits apply). Here you can zipline over their resident crocodile, Goliath, enjoy a birds-eye view of Cairns on their Dome Climb and experience interactive wildlife shows.

5

### STAY AT A RESORT WITHIN WALKING DISTANCE OF THE SEA

Stay anywhere along **Williams Esplanade** in **Palm Cove** or **Trinity Beach** and you'll have direct access to a tropical sandy beach. The **Novotel Cairns Oasis Resort** is a winner for its sandy lagoon and swim up pool bar (for parents).

### SKIPPER YOUR OWN BOAT

Down at the Marlin Marina is **Cairns Boat Hire** where you can hire out a pontoon boat and explore and fish the **Trinity Inlet**. These boats don't require a boat license, have barbecues on-board and can easily fit up to eight people.

7

### BIKE THE NORTHERN BEACH TRAIL

Explore the sandy beaches north of Cairns at your own pace and hire some bikes and eScooters from **Biked** at Palm Cove. From here you can head south and follow the Northern Beaches Leisure Trail all the way to Yorkeys Knob.

9

### CHECK OUT BRANSFORDS FISHING STORE

Drive north to **Clifton Beach** and you can't miss the tail of a giant marlin on the roof of **Bransford's Tackle Shop**. Inside you'll find the rest of the marlin's impressive body and learn about the history of Cairns fishing. Purchase a family fishing kit and throw a line in at the **Palm Cove Jetty** or off the fishing jetty near the Cairns **Figtree Playground**.

10







# WHAT'S ON IN 2022

**RAMP UP YOUR TRIP TO THE TROPICS BY  
CATCHING ONE OF THESE EVENTS IN 2022**

---

## **RED HOT SUMMER TOUR**

**MAY 2022**

Rock on to the ultimate playlist featuring many of your favourite Aussie acts

## **CAIRNS AIRPORT ADVENTURE FESTIVAL**

**JUNE 2022**

With IRONMAN, 70.3 Cairns, Bright Night Fun Run and more, there's something for everyone

## **TOUR OF THE TROPICS**

**JULY 2022**

Race to the tropics for three days of cycling through cane fields, rainforest and the city

---

## **7 CAIRNS MARATHON**

**JULY 2022**

Challenge yourself to a marathon, half marathon, 10km, 5km or 2km set against the stunning backdrop of Cairns

## **GREAT PYRAMID RACE**

**AUGUST 2022**

Take on the mighty Walshs Pyramid and race to the top of this 922m peak

## **CAIRNS FESTIVAL**

**AUGUST 2022**

Enjoy a vibrant spectrum of entertainment, including live music, art installations and the Grand Parade

---

## **TARGA GREAT BARRIER REEF**

**SEPTEMBER 2022**

Watch cars battle the region's most roads in one of Australia's greatest tarmac rallies

## **CAIRNS AMATEURS CARNIVAL**

**SEPTEMBER 2022**

Get ready for three days of fun, fashion, glamour, food and entertainment, built around two days of horse racing in Cairns

## **GRASS IS GREENER**

**OCTOBER 2022**

Dance the day (and night) away to some of Australia's hottest acts at this fun festival

---

Discover more events at [tropicalnorthqueensland.org.au/whats-on](https://tropicalnorthqueensland.org.au/whats-on)



KURANDA SCENIC RAILWAY



# TAKE THE SCENIC ROUTE *By Rail*

Step aboard and discover the wonders of Tropical North Queensland.

Kuranda Scenic Railway is an iconic rail journey that meanders its way through the ancient World Heritage-listed rainforest of the Barron Gorge National Park, to the mountain village of Kuranda.

Open daily | Visit [ksr.com.au](http://ksr.com.au) or call 1800 577 245





📍 MOUNT SURPRISE, GULF SAVANNAH & OUTBACK

# WHICH WAY WILL YOU GO?

Cairns is the launch pad for many great adventures, from ancient volcanic wonders and rugged outback gorges, to refreshing waterfalls and cerulean seas. Whatever you choose, your adventure starts now.

EXPLORE GREAT LEAVE GREATER



START EXPLORING AT  
[CAIRNSGREATBARRIERREEF.COM](http://CAIRNSGREATBARRIERREEF.COM)



CAIRNS &  
GREAT  
BARRIER  
REEF